

Beauty begins the moment
you decide to be yourself.

(Coco Chanel)

TMS COUNSELING PRESENTS...

Be you-riqué *Group for Girls*

A place for girls to vent, laugh, grow and process the everyday challenges of being a girl. We'll explore through art, writing, conversation and media.

Topics Include:

- Self Esteem
- Relationships
- Body image and beauty
- Communication
- Peer pressure

Thursdays during Advisory April 13- May 18

**GO TO THE COUNSELING CENTER
FOR MORE INFORMATION!**

SPACE IS LIMITED!