

# **Table of Contents**

Plan for College and Career Readiness (PCCR)	.2
Counseling Contact Information	2
LHS Graduation Requirements	.3
4 Year Plan	.4
How to View Grad. Req. in Skyward	6
Testing	.7
Utah Colleges and Universities	8
Paying for College	.9
NCAA	.10
Make-Up & Acceleration Credit Options	10
Important Dates	11
Notes	.12

# Plan for College and Career Readiness (PCCR)

## **Start Early**

Academic planning
Extracurricular involvement
Volunteering
Researching schools and careers
Financial Planning

## **Carefully Select Course Work**

Take college prep classes- advanced, honors and rigorous courses
Prepare for the ACT
Earn College Credit- AP and Concurrent Enrollment Internship/Work programs
Vocational/Technical training

## **Make Yourself Easy to Recommend**

Be involved in extracurricular activities, service, leadership, clubs, etc.

# ---PLAN, PREPARE, AND PARTICIPATE! ---

# WMS Counseling Department:

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# **LHS Graduation Requirements**

Students must earn 28 credits to graduate

### 3.0 Credits English (E)

- 1.0 English 9
- 1.0 English 10
- 1.0 English 11

### 1.0 Credit Language Arts (LAC)

Any other English class, Debate, Journalism, or 3<sup>rd</sup> year of a Foreign Language

### 2.0 Science Credits (SC) (must be 2 different areas)

Taken from the following core areas:

Earth Systems (9<sup>th</sup> grade only), Biology, Physics, Chemistry or Computer Science

# 1.0 Credit Applied/Advanced Science (ASD)

Another core science or applied science course

### 2.0 Credits Math Core (EM/AM)

- 1.0 Elementary Math
- 1.0 Advanced Math

### 1.0 Applied/Advanced Math (AMC)

Another core math or applied math course

### 2.0 Credits Physical and Health Education

- .5 PE Skills 9th grade
- .5 PE Fitness 10<sup>th</sup> grade
- .5 PE Lifetime Activities
- .5 Health

# 1.5 Credits Fine Arts (A)

Art, Music, Drama, Dance

# 3.0 Credits Social Studies (SS)

- .5 World Geography 9<sup>th</sup> grade
- .5 World Civilizations  $9^{\text{th}}$  grade
- 1.0 US History 10th grade
- .5 Government & Citizenship 11<sup>th</sup> grade
- .5 Social Studies

# 1.0 Credit Career Technology Education (CTE)

- .5 Digital Studies or Computer Technology (CT)
- .5 Financial Literacy (FIN)

#### 9.5 Electives

Your graduation status is viewable in Skyward under "Graduation Requirements" \*If you fail any class during 9<sup>th</sup>-12<sup>th</sup> grade, you will need to make up that credit. Please talk to your counselor and see page 10 for options.

# **Wolverine 4 Year Plan**

9 <sup>th</sup> Grade	10 <sup>th</sup> Grade
English 9	English 10
Math:	Math:
Science:	Science:
World Geography & Civilizations	US History
.5 PE Skills	*.5 Fitness
*.5 Computer Technology	*.5 Health
<u> </u>	*.5 Drivers Ed.

### **English Elective options:**

English 12
Level 3 of a Foreign Language
AP English Literature
Debate (only .5 credit class)
Creative Writing (.5 credit class)
Other Elective English classes

### **Computer Tech/Digital Studies:**

Students must take one of the following:

Evaluring Computer Science

Exploring Computer Science (WMS)

Business Office Specialist (WMS)
Digital Business Applications (WMS or LHS)

Computer Programming (LHS)

\*Indicates the recommended grade level for taking the class. These classes can be taken at different grade levels. Please see a counselor before deciding to postpone a class.

#### Math Progression:

#### 1. Path 1

9<sup>th</sup>: Secondary 1 10<sup>th</sup>: Secondary 2

11<sup>th</sup>: Secondary 3 12<sup>th</sup>: Precalculus or AP Statistics

#### 2. Path 2

9th: Secondary 1 Honors 10<sup>th</sup>: Secondary 2 Honors 11<sup>th</sup>: Secondary 3 Honors 12<sup>th</sup>: AP Calculous or AP Statistics

#### 3. Accelerated Path

9<sup>th</sup>: Secondary 2 Honors 10<sup>th</sup>: Secondary 3 Honors 11<sup>th</sup>: AP Calculus or Calculus

12<sup>th</sup>: AP Statistics

# **Wolverine 4 Year Plan**

11 <sup>th</sup> Grade	12 <sup>th</sup> Grade
English 11	English Elective:
Math:	
Elective Science:	
*.5 Social Studies Elective	
*.5 Elective PE	
.5 Financial Literacy (11 <sup>th</sup> or 12 <sup>th</sup> ) .5 Citizen & Government (11 <sup>th</sup> or 12 <sup>th</sup> )	
Science:  Must choose at least 2 classes from the Core Science Classes  1. Earth Systems (only taught at WMS)  2. Biology or Biology Ag (taught at LHS and WMS)  3. Physics (only taught at LHS)  4. Chemistry (only taught at LHS)  5. Computer Science (LHS only)  Elective Science  1. You can choose from the other two areas of the core you have not taken  2. You can choose from the Science elective list LHS provides each year. Some examples are:  Zoology, Geology, Astronomy, Medical Anatomy, Green House, etc.	Other classes to consider:  Foreign Language Band Orchestra Choir Dance Seminary Latinos in Action Other planned electives

# **How to View Your Graduation Progress in Skyward**

- 1. Log in to Skyward
  - a. You can get your log in and password from the counseling office
- 2. Go to the left hand menu
- 3. Click on Graduation Requirements
- 4. From here you can see
  - a. What you are required for graduation
  - b. What you have completed
  - c. What you still have to complete this year
  - d. Once you register for 10<sup>th</sup> grade, it will show what you have registered for
  - e. What you have remaining in each content area



# **Testing**

**AP Test:** Advanced Placement Tests are given after completing and advanced placement course. A student may receive college credit if they receive an acceptable score.

**ACT Test:** The American Collegiate Test is a college entrance exam used as part of the admissions process. It is recommended to take the ACT 2-3 times. Your highest score is submitted for admission and scholarship awards

The optimal time to take the ACT is in the spring of your junior year. Make sure to check the ACT and LHS websites for the test dates and deadlines. <a href="https://www.actstudent.org">www.actstudent.org</a>

**SAT Test:** The Scholastic Aptitude Test is a standardized test for most college admissions in the United States. The SAT is intended to test a student's readiness for college. *www.Sat.collegeboard.org* 

**ACT vs. SAT:** Choosing whether you should take the ACT or the SAT depends on your college choice.

**ASVAB:** The Armed Services Vocational Aptitude Battery is test for juniors and/or seniors. The ASVAB explores interest, skills, and work related values. www.military.com/join-armed-forces/asvab

**Explore Test:** ACT prep test that tells you things you need to know to plan your high school courses, prepare for the ACT, or choose a career. This test is taken in 8<sup>th</sup> or 9<sup>th</sup> grade.

**PLAN Test:** The Plan test is taken in  $10^{th}$  grade and is a great way to prepare for the ACT.

**Accuplacer:** A test 10<sup>th</sup> graders must take to enroll in Concurrent Enrollment classes. Assesses reading, writing, math, and computer skills. The Explore test score can count in place of the Accuplacer

\*Many ACT practice tests and websites can be found on the LHS counseling website: <a href="https://www.lehicounseling.weebly.com">www.lehicounseling.weebly.com</a>

# **Utah Colleges and Universities**

Brigham Young University	Dixie State University
Provo, Utah	St. George, Utah
Website: <u>www.byu.edu</u>	Website: <u>www.dixie.edu</u>
Phone: 801-422-4636	Phone: 435-652-7590
LDS Business College	Mountainland Technology
Salt Lake City, Utah	College
Website: <u>www.ldsbc.edu</u>	Website: <u>www.mtec.edu</u>
Phone: 801-524-8100	Phone: 801-863-6282
Salt Lake Community College	Snow College
Salt Lake County, Utah	Ephraim, Utah
Website: www.slcc.edu	Website: <u>www.snow.edu</u>
Phone: 801-957-4111	Phone: 435-283-7000 or
Southern Utah University	University of Utah
Cedar City, Utah	Salt Lake City, Utah
Website: <u>www.suu.edu</u>	Website: <u>www.utah.edu</u>
Phone: 435-586-7700	Phone: 801-581-7200 or
Utah College of Applied	Utah State University
Technology	Logan, Utah
8 Campuses across Utah	Website: <u>www.usu.edu</u>
Website: <u>www.ucat.org</u>	Phone: 435-797-1000
Phone: 801-863-6282	
Utah State University Eastern	Utah Valley University
Price, Utah	Orem, Utah
Website: www.eastern.usu.edu	Website: <u>www.uvu.edu</u>
Phone: 435-637-2120	Phone: 801-863-INFO
Weber State University	Westminster College
Ogden, Utah	Salt Lake City, Utah
Website: <u>www.weber.edu</u>	Website:
Phone: 801-626-6000	www.westminstercollege.edu
	Phone: 800-748-4753

<sup>\*</sup>To see how college credit transfers from school to school use this website: www.transferutah.org

# Paying for college

#### **Scholarship Information:**

Scholarships are a type of financial assistance that are awarded based on merit, talent, achievement, financial need, service or other unique criteria.

#### **Utah Board of Regents Scholarship:**

The Regents' Scholarship encourages Utah high school students to prepare for college academically and financially by taking a core course of study and saving for college. The scholarship may be used at any public college or university in the Utah System of Higher Education. For more information see: www.stepuputah.com

#### **New Century Scholarship:**

This scholarship encourages students to accelerate their education by earning an Associate degree in high school. It is important to use the following website as a resource for the most up-to-date information: www.stepuputah.com

#### Tips for finding scholarships

- Start early. There are scholarships you can apply for even as a 9<sup>th</sup> grader.
- Look often. Scholarships will not just appear. You have to look, check back, search, and apply to several.
- Know it will take a lot of time, but will be worth it in the end.
- Find a way to keep track of scholarships you can and want to apply for
- Create a "junk email address". Most scholarship websites will ask you
  for your email, then send you all kinds of info and a lot of it. If you
  have an email devoted just to scholarships, then all that info will be in
  one place.
- Get more tips on the LHS website: <u>www.lhs.alpineschools.org</u>

## **Scholarship Search Sites:**

LHS Counseling Site: <u>www.lhs.alpineschools.org</u>

Utah Futures: www.utahfutures.org

Zinch: <u>www.zinch.com</u>

Financial Aid: www.fafsa.ed.gov

Chegg Scholarships: www.chegg.com/scholarships#

The College Board: <u>bigfuture.collegeboard.org/college-search</u>

Cappex: www.cappex.com/scholarships/

Fastweb: www.fastweb.com

FAFSA 4caster: www. studentaid.ed.gov/sa/fafsa/estimate

## NCAA

If you are planning to participate in Division I or Division II athletics, you must be cleared by the NCAA eligibility center. For clearance you must take **16 core classes** and have your ACT score sent to the NCAA. Registration should be done by the 4<sup>th</sup> quarter of your junior year. For more information go to <u>www.eliqibilitycenter.org</u>

### Division I 16 Core Courses

- 4 years of English
- 3 years of Mathematics
- 2 years of natural/physical science (1 year of lab if offered by high school)
- 1 year of additional English, mathematics, or natural/physical science
- 2 years of social science
- 4 years of additional courses: from any area above, foreign language or comparative religion/philosophy

#### **Credit Make-up and Acceleration Options**

Before signing up for any credit make-up or acceleration options, *please see your counselor* to ensure the credits you are taking will apply to the credits you need for graduation.

# **Alpine School District Extended Year (Summer School)**

Two blocks of classroom instruction 3-weeks each 3 Classes per block (\$25 per class) <a href="https://www.alpineschools.org">www.alpineschools.org</a> (see extended year) For information, please see your counselor

# **East Shore High School**

Online packets through Alpine. 2 packets per .25 credits Cost: \$110 to enroll, \$10 per packet http://www.eastshorehs.com/

### **BYU Independent Study**

Independent study packets: online and hard copy Courses are worth .5 credits www.elearn.byu.edu

## Other online opportunities

Please talk to your counselor before signing up for any online program

# **Important Dates:**

March 2, 6:00-8 pm (tentative): Lehi High School 9<sup>th</sup> Grade Student/Parent Transition Night. Pick up registration materials here

March 31, 3:30pm: Lehi 10<sup>th</sup> Grade Online

Registration

April 7-10: Spring Break

May 29: Last day of school

June (TBD): Extended School Year first block (3 weeks)

July (TBD): Extend School Year second block (3 weeks)



# **NOTES:**