

Tips For Parents - Help Your Student Succeed in School

1. Regularly check grades/ assignments/ attendance on Skyward – alpineschools.org/skyward-access (these can be set up to be regularly sent to your email)
2. Have your student come after school to get help from teachers. The best days are Tuesday, Wednesday and Thursday. It is good to arrange this with teachers ahead of time if possible.
3. Attend as many school functions as possible - (i.e., Back to School night, Parent / Teacher Conference, Career and College Readiness Conferences, etc.)
4. Set up an area that is quiet and conducive to completing homework.
5. Check to see that your student is writing homework assignments in his/her planner.
6. Check daily to see that homework is complete.
7. Ask if he/she has received any papers back lately.
8. Contact the teacher, via phone call, email, note, or personal visit if your student is not doing homework for that class or if their grade is low.
9. Follow up on notes or phone calls from the teacher.
10. Limit, and carefully monitor time spent watching television, playing computer or video games, and participating in other media.
11. Adjust extracurricular activities to make sure schoolwork can be completed.
12. Give your student privileges and incentives when he/she is working hard.
13. Take privileges away when your student is not working hard.
14. Adjust your household activities to include 1-2 hours homework each weeknight.
15. Maintain a consistent household routine; i.e., meals, bedtime, study time, free time.
16. Set high expectations for your child and work together to set goals and monitor progress. Allowing your child to take part in his/her own progress will give them a sense of ownership and responsibility.
17. Ask a school counselor for help.