Study Skills Tips For Students And Parents

These Ideas are taken from Linda O'brien's booklet
“How To Get Good Grades In 10 Easy Steps”
To order - www.woodburnpress.com

1. Believe In Yourself

2. Be Organized
   a. use an assignments notebook / planner
   b. use folders for class work
   c. have phone numbers for classmates
   d. keep your locker and backpack neat
   e. get organized before you go to bed

3. Manage Your Time Well
   a. use class time and the learning resource center
   b. create your own study schedule
   c. prepare ahead of time for interruptions in your study schedule

4. Be Successful In The Classroom
   a. learn how to adapt to different teachers
   b. be in school, on time, everyday
   c. be prepared for each class
   d. sit in the front of the class if possible
   e. be aware of your body language and nonverbal behavior
   f. always do your homework
   g. participate in class
   h. be a good group member
   i. treat others with courtesy and respect
   j. involve your parents

5. Take Good Notes
   a. be an active listener
   b. take notes to help you pay attention
   c. recognize important information
   d. take notes that are easy to read
   e. go over your notes as soon as possible
   f. get lecture notes if you are absent

6. Know How To Read A Textbook
   a. scan the text before reading
   b. read with a purpose
   c. review the information you read

7. Study Smart
   a. find a good place to study
   b. getting started is the hardest part
   c. know your learning style
   d. organize your study time
   e. know how to study for a test
   f. use tricks to help you memorize information
   g. know how to write a paper
   h. use tricks when making a presentation or speech
   i. learn to use a computer / word processing

8. Use Test - Taking Strategies
   a. get off to a good start
   b. develop a plan
   c. mark questions that you want to return to
   d. increase your odds on multiple choice questions
   e. look for key word in true / false questions
   f. know how to approach essay questions
   g. show your work / draw a picture
   h. be prepared for open book tests
   i. check your answers
   j. go over previously returned tests

9. Reduce Test Anxiety
   a. start studying early
   b. use relaxation techniques

10. Get Help When You Need It

Tips For Parents
   a. be interested
   b. discuss classes and set goals
   c. offer to help
   d. listen
   e. encourage school involvement
   f. monitor activities and jobs
   g. work with the school