Useful Tips for Parents and Students:

Identify Interests and Abilities
- Celebrate student strengths, point them out regularly
- Support participation in a variety of interests & activities including sports, clubs, arts, leadership, and service

Improve your Academic Skills
- Encourage career exploration and school achievement
- Realize performance now directly effects future success
- Maintain good attendance and a positive attitude
- Ask for help from a teacher, parent, counselor or friend. Teachers are available to help after school
- Stay organized – use a planner and check skyward
- Make study time a part of your routine. Work hard during class & in advisory. Do today’s homework today
- Study smart in a quiet place for about 1 hour per day
- Believe in yourself. Set specific goals for school
- For tests- be prepared, relax, come back to hard questions and show work. Ask teachers for tips about what to study.

Develop the Best Available Schedule
- Fulfill High School Grad. Requirements
- Explore all course offerings
- Plan a challenging & balanced schedule
- Learn college entrance requirements

Parents Should Become Involved
- Students want parents involved. Parents influence their student’s educational success more than any other factor
- Attend CCR conferences & parent/teacher conference
- Use alpineschools.org; click families and then skyward - login to regularly monitor grades and attendance

Create a Plan for High School and Beyond
- Visit canyonview.alpineschools.org/counseling
- Learn about Utah job supply & demand trends (on our site)
- Develop a plan to pay for college using savings, scholarships & other resources.
- Research college and career options that fit student’s interests and abilities but also prepare them for a wide range of necessary jobs. Explore career possibilities @ mynextmove.org

Local University Information

BYU - Admission avg. 3.85 GPA, ACT optional Suggest AP/IB courses, college prep coursework (lab sciences, 4 years math/English, 2+ years foreign language, STEM classes), leadership/ extra-curricular/service activities, athletics, arts, seminary, quality essays & references on application byu.edu

SUU - Admission 2.7 GPA in high school suu.edu Scholarships possible with 3.4+ GPA or 23+ ACT

University of Utah - Admission avg. 3.5+ GPA Suggest AP/IB/Concurrent Enrollment courses, academic achievements, intellectual pursuits and creative endeavors, extra-curricular activities, athletics, clubs, work experience, diversity, community involvement, personal achievements, ACT is optional utah.edu

USU - Admission 2.8 high school GPA, ACT scores are optional. Scholarships possible for those ranging from a combined 3.9 GPA & 18 ACT to 3.0 GPA & 32 ACT usu.edu

WSU – Open Admissions, ACT scores are optional Scholarships possible w/ 2.5+ GPA & 17+ ACT weber.edu

UVU - Open Admissions uvu.edu Scholarships possible for 3.6+ GPA and 24+ACT

Utah Tech University - Open Admissions / must take the ACT Scholarships possible for 3.0 + GPA utahtech.edu

Snow College - Open Admissions snow.edu Scholarships possible for 3.0+ GPA

Salt Lake Community College – Open Admissions Tuition waived if you qualify for a Pell grant slcc.edu Westminster College westminstercollege.edu Ensign College ensign.edu
**High School Graduation Credit Requirements 9th to 12th**

*Specific requirements apply in each category

4.0 English/Language Arts
3.0 Math
3.0 Science
3.0 Social Studies
1.5 Fine Arts
1.5 Physical Education
1.0 Career & Technical Education
0.5 Health Education
0.5 Digital Studies
0.5 Financial Literacy
9.5 Electives (or any extra credits from required classes)

**28 Total Credits Required**

(9th grade required classes are 1.0 credit English 9, 1.0 credit Math, 1.0 credit Science, .5 credit World Geog., .5 credit World Civ., and .5 credit P.E. Some of these classes are not offered at the local high schools.)

Credit recovery can be done through your teachers (sometimes), CVJH Summer School, East Shore High School, BYU Independent Study, or a state approved competency testing center. There is a cost for most options. Contact your Counselor for more information.

11 **Survival Words in Planning for School Success**

11. Arena Scheduling – High School registration is this spring. Arena scheduling is a race to pick classes & begins at an exact day & time. Prepared students create better schedules. High School counselors will help by visiting your class in March. CVJH Counselors can help you plan and will be at school to assist during arena scheduling times.

10. Credit – .25 Credits are awarded for each D- grade or higher. Certain credits are required to earn certificates for completing Jr. High and H.S. Failing or taking fewer classes means you must make up credit in Summer School (9th-12th), East Shore High (9th-12th) or an approved school.

9. **MTEC** – Mountainland Technology College has certification programs for entry-level careers in health care, auto repair, computers, culinary arts, manufacturing, commercial truck driving, apprenticeships (HVAC, plumbing and electrician), and welding. Classes can be taken during H.S. for credit at a significant discount. [mtec.edu](http://mtec.edu)

8. **Financial Awareness** - learn how to pay for your college education. The FAFSA (Free Application for Federal Student Aid) can be filed fall of your senior year. Some students qualify for grants (free money) that are used to help pay for college. For more information see [fafsa.gov](http://fafsa.gov)

7. **ACT** – The American College Test measures your preparedness for college in math, English, science and reading. The ACT is required for college entrance to some colleges. It can be taken more than once, but is recommended during 11th or 12th grade.

6. **Cumulative GPA** - an avg. of grades earned throughout school. Divide total grade points by total classes (A = 4, B = 3, C = 2, D = 1 and add .3 for each + and subtract .3 for each -).

5. **AP/Honors** - advanced courses that may be taken in high school. Passing AP tests will give you college credit.

4. **Concurrent Enrollment** - an opportunity for high school students to earn college credit while in high school at a huge savings. Most classes count for both H.S. and college credit. For more information go to [https://www.uvu.edu/concurrent](https://www.uvu.edu/concurrent)

3. [schools.shmoop.com/utah](http://schools.shmoop.com/utah) – a website designed to help Utah students prepare for the ACT, AP and other test. Free test preparation is available to all Utah students. Visit the above website, select your school, and make an account. The magic word is “HONEY” (all caps).

2. **Scholarships** - cash awards used to pay some or all tuition, book and other college costs. Grades, talents and leadership skills can qualify a student for scholarships. Use the local H.S. Counseling websites to view lists of available scholarships or ask your counselor. Many universities combine GPA & ACT scores into an index chart that they use to award academic merit scholarships.

1. **Utah Opportunity Scholarship** – This $1000-$4000 award is accepted at most Utah colleges and requires a 3.3 H.S. GPA and completion of 3 AP or Concurrent Enrollment courses (1 in each subject) in Math, Science & Language Arts, complete FAFSA – for details see [ushe.edu/state-scholarships-aid](http://ushe.edu/state-scholarships-aid)