

Lakeridge Junior High



LEOPARD-PRIDE

Newsletter-Sponsored by Lakeridge Jr. High PTSA

January 2016

Upcoming Events

January

January 7 Boys Basketball vs. Frontier at Frontier 3pm
January 7 Girls Basketball vs. Frontier at Lakeridge 3pm
January 12 End of 2nd Term
January 13, 28 Hope Squad 11am
January 13 PTSA Volunteer Open House & Meeting 12pm
January 13 Boys Basketball vs. Lehi at Lakeridge 3pm
January 13 Girls Basketball vs. Lehi at Lehi 3pm
January 13 Tech Team 3pm
January 18 Martin Luther King Day-**No School**
January 19 Community Council 12pm
January 20 Boys Basketball vs. Pleasant Grove at Lakeridge 3pm
January 20 Girls Basketball vs. Pleasant Grove at Pleasant Grove 3pm
January 20-21, 27-28 Tech Team 3pm
January 16 Boys Basketball vs. Oak Canyon at Oak Canyon 3pm
January 16 Girls Basketball vs. Oak Canyon at Lakeridge 3pm
January 26 Spelling Bee 8:15-9:15 in the Auditorium

January 27 Boys Basketball vs. Orem at Lakeridge 3pm

January 27 Girls Basketball vs. Orem at Orem 3pm

January 28 Boys Basketball vs. WC at Lakeridge 3pm

January 28 Girls Basketball vs. WC at WC 3pm

January 28 Band Concert 7pm at Mountain View

January 29 Spirit Day

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PTSA

PTSA Volunteer Open House



PTSA Volunteer Open House

January 13th 12-1pm

@Lakeridge Junior High

Light Lunch will be served

**Want to get involved at Lakeridge? Not sure where to start?
Start now! Meet the principal, staff & PTSA volunteers. Learn about
the programs PTSA sponsors. It's easy, fun and a much needed
support to the Lakeridge community!**

Host Families for Chinese Exchange Students

Chinese exchange students are coming to Lakeridge for the first week of February. We still need 7 host families for the 14 boys that are coming. Some will be students at Lakeridge and some will be students at Mountain View High School.

The students are coming this month!! Please help if you can!

The students will arrive Jan 30th and will be here through February 7th. Families who take in students will receive \$75 per student for compensation for food, gas, etc. (So, if you take two students your compensation for 8 days is \$150!)

Students have activities all day long and will need to be dropped off at the assigned school at the school start time (around 8:00 am) and will need to be picked up from the school around 5:00pm. More details will be coming for families who apply.

While two students in a home is preferred, we can set up housing for 1-3 students in a home. If you are willing to have a student or two in your home for a week, please email me at jennakwood@gmail.com. I can then get you an application.

This is our major fundraiser for the year. The PTSA is given compensation for every student we place. So you're not only having an amazing cultural experience, but you're ensuring that the PTSA can run all of our great programs next year.

Thank you,

Jenna Wood

Leopards Care

Our blanket time activity went fantastically well :-). We tied three blankets and had enough kids interested that we could've tied many more! Next year we will definitely do more blankets. There were over 80 cards written to children that were not going to be able to go home for Christmas that needed an extra hug from us. It was just a really great activity and we are so proud of all of our students at Lakeridge Jr High who are willing to share a little bit of their time to make others happy. Thank you to all of you who helped! Next year let's make it a goal that we all help because we can do so much and we have so much :-). Thank you to all the students at Lakeridge Jr High. You are fantastic😊!

Leopards, Heads up!! Our next **Leopards Care Day will be February 5th** during both lunches. We will be making Valentine Cards for Seniors in care centers around Orem! So get your game on and come make someone smile. Let's have every Leopard come and make a card for someone. Let's share and give to those who need us :).

We will be in the front foyer of the school during both lunches and we will have treats for those who participate and Valentine games!

Come participate and share in service!! Remember Leopards do care!!

Also the next **Spirit Days will be January 29th and February 26th**. Wear your school colors Red and Gold....and come get a treat!

WE LOVE OUR LEOPARDS!!!

PTSA Facebook

Interested in what's happening at Lakeridge Jr. High? Ready to participate in the fun? Join us on Facebook for updates on events and activities at Lakeridge Jr. High and get involved! Search... "Lakeridge Jr High PTSA".

PTSA Email List

If you would like to receive e-mails notifying you of what the PTSA is doing, please send your email address to LoreePTA@gmail.com.

Lakeridge Announcements

End of Term

The end of the second term is January 12, 2016.

Early Morning Seminary

Attention Seminary Students! If you are interested in taking early morning seminary beginning second semester at the Lakeridge Seminary, please let your counselor know. Call the counseling office if you have any questions, [801-610-8136](tel:801-610-8136).

Media Center

Geography Bee Finals



ZANE COLTER WINS LAKERIDGE JUNIOR HIGH GEOGRAPHIC BEE

Moves One Step Closer to \$50,000 College Scholarship!

OREM, UTAH, DECEMBER 9, 2015—Zane Colter, a 8th grade student at Lakeridge Junior High, won the school competition of the National Geographic Bee on December 9th and a chance at a \$50,000 college scholarship. Jacob Leonard was the runner up. The school Bee, at which students answered questions on geography, was the first round in the 28th annual National Geographic Bee. Thousands of schools around the United States and in the five U.S. territories are participating in the 2016 Bee. The school champions, including Zane, will take a qualifying test; up to 100 of the top scorers on that test in each state will then be eligible to compete in their state Bee on April 1, 2016.

The National Geographic Society will provide an all-expenses paid trip to Washington, D.C., for state winners to participate in the Bee national championship rounds May 22-25, 2016. The first place national champion will receive a \$50,000 college scholarship, a lifetime membership in the Society including a subscription to National Geographic magazine, and a National Geographic Expeditions trip to a national park in recognition of the 100th anniversary of the National Park Service. The national finals will air on television on the National Geographic Channel and PBS stations.

Check local listings for dates and times.

Everyone can test their geography knowledge with the exciting GeoBee Challenge, an online geography quiz at www.nationalgeographic.com/geobee, which poses 10 new questions a day, or by downloading the “National Geographic GeoBee Challenge” app, with more than 1,000 questions culled from past Bees, available on the App Store for iPhone, iPod touch and iPad; from the Android Market; or for NOOK Color.

National Geographic is a global nonprofit membership organization driven by a passionate belief in the power of science, exploration and storytelling to change the world. We fund hundreds of research and conservation projects around the globe each year. With the support of our members and donors, we work to inspire, illuminate and teach through scientific expeditions, award-winning journalism, education initiatives and more. For more information, visit www.nationalgeographic.com and find us on Facebook, Twitter, Instagram, Google+, YouTube, LinkedIn and Pinterest.



Jacob Leonard (runner up) and Zane Colter (winner)

Battle of the Books

Battle of the Books

BATTLE BOOKS

- ▣ Blood of Olympus
- ▣ Rise of Elgen
- ▣ Ruins of Gorland
- ▣ Miss Peregrine’s Home for Peculiar Children
- ▣ Scorch Trials
- ▣ The Selection
- ▣ Unbroken

▣ Teams of 4 students
▣ Sign up in the library
▣ March 24-25 during Flex

COME JOIN THE BATTLE!

The poster features a list of books and event details on a dark grey background. A blue box contains the event details. A cartoon character is holding a large yellow book with a red ribbon. The text is in yellow and white.

The Lakeridge Library is sponsoring our annual Battle of the Books competition. It will March 24-25th

during FLEX. Students will sign-up here in the library to form their team of four students. They will compete in a Knowledge Bowl type of competition. There will be great prizes!

Battle Books

- Blood of Olympus
- Rise of Elgen
- Ruins of Gorland
- Miss Peregrine's Home for Peculiar Children
- Scorch Trials
- The Selection
- Unbroken

These books are among the most popular books checked out from our library here at Lakeridge. Come and join the battle!

Honors English

Attention 8th Grade Students and Parents of 8th Grade Students:

It is time to sign up for 9th grade English Honors. Pick up an application from your 8th grade English teacher, the counseling office, or Ms. Schlosser in room 263 beginning **February 1**. Applications and essays are due by Friday, **March 18**.

Honors English is a yearlong course that involves more work for the dedicated advanced student. Required reading will be both individual books and teacher assigned books. Books read will be a combination of classical literature, historical fiction, and non-fiction. Students will also be required to write in several different genres: argument, narrative, and exposition; several short and long essays will be written during the year. The goal is for students to explore literature, to dive deeply into inquiry, and to apply critical thinking skills to come to new understandings, as well as to gain practice in literary analysis.

Counseling Department

College and Career Readiness Conferences

9th graders and their parents will have the opportunity to meet with Lakeridge counselors in individual, half hour meetings beginning January 19th. These "Plan for College and Career Readiness" conferences will give us a time to discuss scholarships, graduation requirements, student progress, EXPLORE (Pre-ACT Test) results, and anything else you may wish to address. 9th graders will bring home a letter on January 11th or 12th with instructions for scheduling your appointment. Appointments are made online (see "Online Scheduler" on the Lakeridge homepage),

first come, first served, beginning January 11th at 4pm. Thank you for making an effort to be at your conference!


7th Grade Registration Open House

There will be a 7th Grade Registration Open House at Lakeridge Junior High (Media Center) on Thursday, March 10th from 3-6pm. Prior to this date, Lakeridge counselors will visit our elementary schools and make a presentation, handing out the needed information to current 6th graders bound for Lakeridge. 6th graders will also attend an assembly on Friday, March 4th to learn more about programs and opportunities at Lakeridge.

Feel free to contact the counseling office with any questions: [801-610-8136](tel:801-610-8136)

Parent Survey

Dear Parent,




In order to better serve you and your child, the counseling team at Lakeridge invites you to give us feedback through a 5-minute survey.

Please find the survey at www.CTESurveys.com and enter the survey code: **R91JS2**. Or, scan the code below to take the survey on your device.

Thank you for helping us improve!

LAKERIDGE COUNSELING TEAM



Stress Sensitivity Classes

Is your child struggling?

Adversity they've experienced:

divorce illness
death
trauma addiction
injury separation
violence poverty
abuse neglect
incarceration



Behaviors they're struggling with:

robotic defiant
aggression
being numb meltdowns
depression volatile
self-harm
withdrawn

FREE STRESS SENSITIVITY CLASS

Recurring every 3rd Tues. of each month
beginning Jan. 2016

Learn the biology of toxic stress and how to identify and respond to a child's stress response/learn how to foster social, emotional and academic development. Call to reserve your spot today or ask questions (801)229-1181.

4H Club



Trio



Attention 8th & 9th graders! Come join the TRIO club and start preparing for college now. Once a month we will meet during FLEX for a college prep centered activity. As you progress into Mountain View High school, you will have access to ACT waivers, summer college tours and help with filling out college applications and financial aid forms. Pick up an application from the counseling office or email Jason Gibbons at Jason.Gibbons@uvu.edu with any questions.

Utah Parent Center



Special needs,
extraordinary potential



January 2016

Child and Adolescent Anxiety: What Every Parent Should Know

This workshop will cover topics such as worry, avoidance, aches and irritability as well as tools to help address anxiety.

Thursday, January 28

6:00 – 7:30 PM

Legacy Elementary Media Center, 28 East 1340 North, American Fork

Presenter: Dr. Matt Swenson

Dr. Swenson is a board certified child & adolescent psychiatrist with the Intermountain Medical Group who practices outpatient psychiatry at the UVRMC Psychiatry and Counseling Center.

He also sits on the board of directors for the United Way of Utah County, the Psychiatry Advisory Committee to the LDS Missionary Department, and the Executive Committee of the Utah Academy of Child & Adolescent Psychiatry.

*Open to all parents who have a student who is struggling, on a Section 504 Plan or an IEP Plan.
Childcare is not provided.*

CHADD OF UTAH - Utah County AD/HD Support Group

Topic: The Emotional Experience for Children with AD/HD

Speaker: Ashley Schmid, PsyD

Thursday, January 14, 2015 - 7:00 – 8:30 pm

Provo City Library, 550 North University Ave., Provo, Young-Card Room #308

If you are a parent of a child with AD/HD or you are an adult with AD/HD, then this support group is just for you!

www.chaddofutah.org

UVU College of Humanities and Social Sciences: 2016 UVU Mental Health Symposium

Friday, January 15th, 2016 - 9am until 4pm

Sorensen Student Center on UVU campus

Keynote presentation from **Attorney General Sean Reyes and Tim Ballard**. They will recount their rescue efforts to free children from the trauma of sex slavery.

For more information and to register, please visit the symposium website at www.uvu.edu/chss/mentalhealth.

For information on these and other upcoming events visit
<http://alpineschools.org/departments/special-education/community-resource-calendar>
Or Facebook at www.facebook.com/UPCALpine

Smith's Earn & Learn Program

Parents, did you know you can earn money for Lakeridge every time you use your Rewards card at Smith's? To enroll, follow the directions below:

***New online customers**

1. Register online at www.smithscommunityrewards.com
2. Click on the "Register" box in the upper right corner.
Or, if you are on the Community Rewards page, click on "Create an Account" box.
3. Sign up for a Smith's Rewards Account by entering your email address, creating a password. Enter your zip code in the "Your location", then by selecting your favorite store, and agreeing to the terms and conditions.
4. A message to check your email inbox will appear.
Check your account, you must click on the link within the body of the email.

***Existing and new customers to link your rewards cart to an organization:**

1. Click on the "sign in" box in the upper right corner and use your email address and Proceed to the next step.
2. Click on "My Account" – box will appear when you are signed into your account, Replacing the sign in box.
3. In Account Summary, click on "Edit" rewards Card and input your Smith's reward Card number. Confirm your information.
4. Click on ""Edit" Community Rewards (last selection on Account Summary.) Enter the The first few letters of Lakeridge, select Lakeridge from list and click on "Enroll".
5. To verify you are enrolled correctly, you will see your organization's name on the Account Summary Page.
6. REMEMBER, purchases will not count until after you register your rewards card and Link to an organization. Members must swipe their registered Smith's Rewards Card or use the phone number that is related to the registered Smith's Rewards Card when shopping for each purchase to count.

Thank you for helping support Lakeridge Junior High School!