

Leopard Safety





Please Be safe.

**Do not stand, sit, climb or lean on
zoo fences.**

**If you fall, animals could eat you
and that might make them sick.**

Thank you.



(As far as we know, photo is public domain)

ZOO RULES

THOSE WHO THROW
OBJECTS AT THE
CROCODILES WILL BE
ASKED TO RETRIEVE THEM

Just as there are rules at the zoo to keep you safe, there are also rules at Lakeridge. What does it look like to act safely at Lakeridge?

See p. 7 in your student planner

- Think first: If I do this, could it harm me , another person or the school? If it could, I won't do it!
- Things not to bring: weapons, drugs, alcohol, tobacco, pornography or anything similar.

- Things not to do using social media nor in real life: name calling, labeling, bullying, harassing, making fun of, teasing, recording or sharing events that are hurtful, pushing, shoving, kicking, hitting, etc.

- Let's keep the zoo analogy going....



- Our rules at Lakeridge help us stay safe “behind the fence”.
- Being in the right place at the right time and doing the right thing is always the best way to go!



Stay behind the fence.

- Stay on sidewalks or in crosswalks
- Walk, don't run or push
- Keep objects, comments, hands and feet (body) to yourself
- Sit or stand politely where you are asked (auditorium, classroom, bus, etc.)
- Class discussion: Why do we do the above things?

Don't feed the animals.



- What we don't need to be fed is negativity.

Ways to be positive

- We need to be kind, helpful and clean in our speech and actions.
- Clean up litter and spills
- Be complimentary.
- Stop aggressive behavior like bullying, name calling, arguing and vandalism. **Report to an adult any of these things when you see them**
- Tell each other now three more ways to be positive not listed above

Don't tap on the glass



Learning skills that lower stress

- Just like refraining from tapping on the glass keeps the stress low in the animals at the zoo, certain social skills will lower your stress and help keep you safe.

When you want to express yourself

- Make eye contact and speak in a pleasant voice
- Use I statements like I think... or I feel... and then support your statement
- Avoid saying “you” statements. They sound like blaming
- Right now turn to your neighbor and practice. Start by saying “I feel (angry, sad, scared, excited, frustrated, intimidated, etc.) because...”

When you want to disagree

- Make eye contact and speak in a pleasant voice
- Say “I have a concern about....”
- Back up your statement with specific reasons
- Thank the person for listening
- Practice this skill with a neighbor. Possible topics: Nike vs. Converse, cheating, homework, girlfriend/boyfriend, etc.

Resolve a disagreement

- Make eye contact and speak in a pleasant voice
- Take turns listening, restating and clarifying
- Find something on which both of you agree to reach a common goal
- Commit to a plan and report back about how things went
- You may have to agree to disagree!

- Please spend the remaining time answering questions and discussing “what do you do if...” and “this is what it looks like...” scenarios.