

# STUDENT INFORMATION

Name \_\_\_\_\_ Phone \_\_\_\_\_ Grade: \_\_\_\_\_

## 1<sup>ST</sup> SEMESTER/LUNCH

A Day \_\_\_\_\_ B Day \_\_\_\_\_

	Period	Class	Teacher	Room 3
<b>A DAY</b>	A1			
	<b>DEAR/A4</b>			
	A2			
	A3			
	A4			
<b>B DAY</b>	B5			
	<b>DEAR/A4</b>			
	B6			
	B7			
	B8			

## 2<sup>ND</sup> SEMESTER/LUNCH

A Day \_\_\_\_\_ B Day \_\_\_\_\_

	Period	Class	Teacher	Room 3
<b>A DAY</b>	A1			
	<b>DEAR/A4</b>			
	A2			
	A3			
	A4			
<b>B DAY</b>	B5			
	<b>DEAR/A4</b>			
	B6			
	B7			
	B8			

# MOUNTAIN RIDGE JUNIOR HIGH SCHOOL

STUDENT HANDBOOK  
2015-2016



Pete Swiderski  
Assistant Principal



Mark Whitaker  
Principal



Jen Bitton  
Assistant Principal

*“Igniting Discovery & Ensuring Learning”*

5525 West 10400 North  
Highland, UT 84003

**Front Office:** (801) 610-8758  
**Counseling Center:** (801) 610-8759

**Website:**  
[mountainridge.alpineschools.org](http://mountainridge.alpineschools.org)

**School Hours:**  
Monday (early out): 8:15-1:45  
Tuesday-Friday: 8:15-2:45

**Office Hours:** 7:30-3:30

## Alpine School District Calendar 2015-2016

August 18, Tuesday.....7<sup>th</sup> grade Orientation Day (1/2 day)  
August 19, Wednesday..... 7<sup>th</sup>, 8<sup>th</sup> & 9<sup>th</sup> first day of school  
October 23, 2015 .....First term ends  
January 12, 2016 .....Second term ends  
March 18, 2016.....Third term ends  
May 27, 2016.....Fourth term ends, last day of school

### Days School Will Be Closed

September 7..... Labor Day  
October 15-16.....Fall Break  
October 19 .....Teacher Professional Development/No School  
November 25-27.....Thanksgiving Break  
December 21-January 1 .....Christmas Break  
January 18 ..... Martin Luther King Jr. Day  
February 15.....Washington/Lincoln Day  
March 7 .....Professional Development Day/No Students  
April 4 ..... Snow Make-up Day  
April 5 .....Teacher Comp. Day/No School  
April 6-8 ..... Spring Break  
May 27 .....Last Day of School  
May 30 ..... Memorial Day

### School Calendar

Please check our Google calendar on our website.  
<http://mountainridge.alpineschools.org/>

### Dates of Student-Led Conferences

**October 1, 2015 at 3:00 p.m. to 9:00 p.m.**

**February 18, 2016 at 3:00 p.m. to 9:00 p.m.**

# MRJH Bell Schedules

<b>Regular Bell Schedule</b>		
Period	Time	Duration
First Bell	8:10	
A1/B5	8:15-9:34	79 min
Passing	9:34-9:39	5 min
<b>DEAR/ZAP 9:39-10:03</b>		
Passing	10:03-10:08	5 min
A2/B6	10:08-11:27	79 min
<b>First Lunch</b>		
Lunch	11:27-11:57	30 min
Passing	11:57-12:02	5 min
A3/B7	12:02-1:21	79 min
<b>Second Lunch</b>		
Passing	11:27-11:32	5 min
A3/B7	11:32-12:51	79 min
Lunch	12:51-1:21	30 min
<b>Third Lunch</b>		
Passing	1:21-1:26	5 min
A4/B8	1:26-2:45	79 min

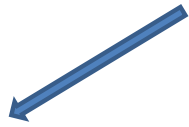
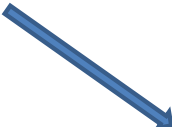
<b>Early Out Monday</b>		
Period	Time	Duration
First Bell	8:10	
A1/B5 (Announcements)	8:15-9:33	78 min
Passing	9:33-9:38	5 min
A2/B6	9:38-10:47	69 min
<b>First Lunch</b>		
Lunch	10:47-11:17	30 min
Passing	11:17-11:22	5 min
A3/B7	11:22-12:31	69 min
<b>Second Lunch</b>		
Passing	10:47-10:52	5 min
A3/B7	10:52-12:01	69 min
Lunch	12:01-12:31	30 min
<b>Third Lunch</b>		
Passing	12:31-12:36	5 min
A4/B8	12:36-1:45	69 min

## Triple Assembly Schedule

<b>Assembly 1 (7<sup>th</sup> grade)</b>		
Period	Time	Duration
First Bell	8:10	
Assembly	8:15-9:05	50 min
Passing	9:05-9:10	5 min
A1/B5/DEAR	9:10-11:15	101+24 DEAR

<b>Assembly 2 (8<sup>th</sup> grade)</b>		
Period	Time	Duration
First Bell	8:10	
A1/B5	8:15-9:20	55 min
To Assembly	9:20-9:25	5 min
Assembly	9:25-10:10	45 min
Passing	10:10-10:15	5 min
A1/B5 (cont.)/DEAR	10:15-11:15	36+24 DEAR

<b>Assembly 3 (9<sup>th</sup> grade)</b>		
Period	Time	Duration
First Bell	8:10	
A1/B5/DEAR	8:15-10:25	106+24 DEAR
Passing	10:25-10:30	5 min
Assembly	10:30-11:15	45 min



\*Lunch according to 2<sup>nd</sup> period on assembly schedule.

<b>First Lunch</b>		
Lunch	11:15-11:45	30 min
Passing	11:45-11:50	5 min
A2/B6	11:50-12:45	55 min
<b>Second Lunch</b>		
Passing	11:15-11:20	5 min
A2/B6	11:20-12:15	55 min
Lunch	12:15-12:45	30 min
<b>Third Lunch</b>		
Passing	12:45-12:50	5 min
A3/B7	12:50-1:45	55 min
Passing	1:45-1:50	5 min
A4/B8	1:50-2:45	55 min



## Administration/Counseling Directory

<u>Name</u>	<u>Position</u>	<u>Room</u>	<u>Email</u>
Whitaker, Mark	Principal	Main Office	markwhitaker@alpinedistrict.org
Bitton, Jen	Assistant Principal	Main Office	jbitton@alpinedistrict.org
Swiderski, Pete	Assistant Principal	Main Office	pswiderski@alpinedistrict.org
Faddis, Susan	Attendance Secretary	Main Office	sfaddis@alpinedistrict.org
Walton, Cindy	Assistant Secretary	Main Office	cynthiawalton@alpinedistrict.org
May, Shelly	Administrative Secretary	Main Office	smay@alpinedistrict.org
Haws, Trish	Financial Secretary	Finance Office	phaws@alpinedistrict.org
Warren, Kharent	Registrar	Counseling	kwarren@alpinedistrict.org
Kristy Johnson	Secretary	Counseling	kjohnson@alpinedistrict.org
Conover, Karen	Counselor	Counseling	kconover@alpinedistrict.org
Hall, Boyd	Counselor	Counseling	bohall@alpinedistrict.org
Palsson, Ellen	Counselor	Counseling	epalsson@alpinedistrict.org
Taylor, Nancy	Counselor-deficient credit	D117B	ntaylor@alpinedistrict.org

### Student Body Officers

**President:** Dru Scott  
**Vice President:** Gabby Jensen  
**Secretary:** Lauren Taylor  
**Advisor:** Miss McNeill

## Information Access

- A. MOUNTAIN RIDGE WEBSITE - [mountainridge.alpineschools.org](http://mountainridge.alpineschools.org) The school Google calendar, student handbook, lunch, fees, course information, counseling information, daily announcements are some of the resources available to you.
- B. SKYWARD - student grades, assignments and attendance will be updated weekly and can be viewed through the Alpine School District website: [www.alpineschools.org](http://www.alpineschools.org), go to the link for “Parents and Students,” click “Skyward Family Access.” If you need help with your password, please stop by the office.
- C. MYSCHOOLFEES - ability to pay fees, buy tickets, uniforms, and yearbooks at: [www.myschoolfees.com](http://www.myschoolfees.com) Also linked from school website.
- D. VOICE MAIL - if you would like to contact a teacher, you may call the school and leave a message in the teacher’s voice mailbox. A teacher’s extension is the same as their room number (see map).
- E. E-MAIL - you can find a teacher’s email address by going to the MRJH website, click on faculty and then select and click on the teacher’s name you desire to email. Email is one of the best ways to communicate with your child’s teacher.
- F. TEACHERS’ WEBSITES – you can access teacher’s websites by going to the MRJH website, click on “faculty and staff.” Click on the teacher’s website address. Teacher’s disclosures, and other information are easy to access for your convenience.

### School Information

**Approximate Enrollment:** 1450 students

**School Mascot:** Husky

**School Colors:** Navy Blue and Burgundy

### Mountain Ridge Junior High Students A.C.T.

*A*ct Responsibly

*C*ommunicate Effectively

*T*hink Critically

## Academics

Counseling Department: Hours M-TH 7:30-3:40 F 7:40-3:30

Please call for an appointment 801-610-8759

Ellen Palsson

Karen Conover

Social Worker TBA

Boyd Hall

Nancy Taylor Counselor-Credit Recovery

### **Class Changes: Class changes may be made for the following reasons:**

1. A scheduling or computer error (i.e. too many 5<sup>th</sup> period classes, class not taught that hour, etc..)
2. A change requested by teacher or principal to better serve student needs.
3. A situation in which a parent, counselor, teacher, and administrator feel it is in the best interest of the student.
4. Changes may not be made for students to be with friends or for student to request a teacher preference.
5. A \$5.00 non-refundable fee will be assessed for class change requests made by the parent or student request. This needs to be paid at the finance office.

**Counselors can help students:** counselors are here to assist you in making your junior high experience as beneficial as possible. This includes but it not limited to:

#### **With School**

Selecting classes  
Identifying talents  
Assessing interests  
Organizing your time

#### **With Relationships**

By listening  
Helping solve problems  
Teaching Communication Skills  
Conflict resolution

#### **With Life**

Dealing with stress  
Adapting to change

#### **With Career Planning**

Learning about careers  
Preparing for future jobs  
Matching careers to interests

#### **With High School and College Prep**

Graduation requirements  
College entrance exams  
Scholarship information

### **Counselors can help set goals for good grades and/or remediation**

1. **Academic Tracking:** Methods include teachers, counselors, parents, planner or Zap.
2. **Deficiency Failing Notices (District Policy 4056):** Parents must receive notice at least 3 weeks before the end of the term if their son/daughter is in danger of failing any class, ("D+" grade or below. Notices may be sent by mail, with student, by email, by phone contact, or a conference.
3. Students may be allowed to make-up missing work within a reasonable time according to teacher policies.

### **Student Led Conferences include the Parent/Student/Teacher**

1. Two Student Led Parent Conferences are held in October and February.
2. **Plan for College and Career Readiness Meetings** (PCCR's) are held yearly with the counselor.

### **Stay Organized:**

1. Record assignments, projects, tests, information, and due dates in your planner.
2. Check your grades and assignments daily on Skyward. A link is on the school website. <https://skyward.alpinedistrict.org>
3. Student Skyward ID number and password should be kept confidential. The password will be changed by request in person to any of the secretaries.
4. Grade Reports are distributed at midterm and within 1-week after each quarter ends. Fourth term grades can be assessed on Skyward. Questions regarding grades should be directed first to teachers, counselor, or administrator as needed. Please call or email for an appointment.

## School Tips

### **IF YOU ARE HAVING TROUBLE WITH A CLASS**

Arrange a time with the teacher when he or she will be available to help you (after school, after class, before school). Arrange for a time to meet with your counselor.

### **IF YOU HAVE A QUESTION ABOUT A LOCKER**

Report it to the front office.

### **IF YOU WANT TO PAY FEES OR FINES OR BUY SOMETHING**

See the financial secretary at the Finance Window or go to [www.myschoolfees.com](http://www.myschoolfees.com).

### **IF YOU WANT TO BUY A LUNCH TICKET**

Pay your money in the cafeteria before school (7:45 - 8:15 a.m.) or go to [www.mealpay.com](http://www.mealpay.com)

### **IF YOU HAVE A QUESTION ABOUT YOUR GRADES AND/OR ATTENDANCE**

Check Skyward on school website: [mountainridge.alpinedistrict.org](http://mountainridge.alpinedistrict.org)  
<https://skyward.alpinedistrict.org>  
Check with your classroom teacher.

### **IF YOU BECOME SICK WHILE AT SCHOOL**

Let your teacher know. Check with the secretary in the office to call home. If you are leaving school, your parent or a designee on your emergency card must check you out from the front office.

### **IF YOU ARE ABSENT**

- 1) Have your parent call the office before 10:00 a.m. (801-610-8758) to report your absence.
- 2) Check with your teacher immediately upon returning to school to obtain any missing work.
- 3) Parents need to excuse their child's absences **within one week** following the absence.

### **IF YOU HAVE LOST OR FOUND SOMETHING**

Large lost and found items are in the cafeteria in the black bin, small items are in the office.

### **IF YOU HAVE CONCERNS, PROBLEMS, OR QUESTIONS AND DON'T KNOW WHO TO ASK OR WHERE TO TURN**

Talk to a teacher, an administrator, staff member, or go to the counseling office and visit with your counselor.

### **IF YOUR PARENT NEEDS TO GET SOMETHING IMPORTANT TO YOU AT SCHOOL**

It may be dropped off at the front office. Your child's name will be announced at the end of each period and available in the office for pick up. Please be aware the following items such as flowers, balloons, gifts, assignments, textbooks, notes and the like are disruptive to the educational process. Please do not ask us to deliver any items to the classroom during instructional time. Deliveries create disruptions for the teacher and students in the class. Please help your child be prepared with the items they need prior to the school day starting.

## School Activities

No MRJH student shall be excluded from participation in, denied the benefits of, or be subjected to discrimination because of the student's race, color, national origin, sex, religion, or disability under any program or activity.

### Mountain Ridge Junior High

- A. **Team Sports:** MRJH sponsors teams in both boys' and girls' basketball. The team is comprised of ninth graders. Track is offered to boys and girls in 7<sup>th</sup>, 8<sup>th</sup>, and 9<sup>th</sup> grades. In order to participate in sports at MRJH, students must maintain a 2.0 GPA with no more than one "F" the previous and current quarter.
- B. **Performing and Visual Arts:** MRJH sponsors opportunities for students to participate in band, choir, orchestra and drama. Students may also display visual works of art during our MRJH fine arts show. In order to participate in extra curricular performances (such as school plays), students must maintain a 2.0 GPA with no more than one "F" the previous and current quarter.
- C. **Field Trips:** School rules and standards in both behavior and dress will be maintained away from school. Students missing class to participate in any school-sponsored activity will not be considered absent provided they have followed proper procedures. The work missed should be made up. Students may not be able to attend if they are behind in a class.
- D. **Transportation:** School-sponsored activities use district transportation for travel in most cases. A participation fee is assessed for each sport/activity to help defray transportation costs.
- E. **Clubs:** Students may participate in after school clubs such as National Junior Honor Society, Knowledge Bowl, Chess, Archery, Game, Harry Potter clubs, etc... Meeting times are announced on the daily announcements and posters are displayed in the hall.
- F. **Honor Roll:** Each quarter, students earning a 3.7 or above may participate in an honor roll activity.
- G. **Student Council:** Elections for student council are held in the spring for the following year. In order to participate in student council at MRJH, students must maintain a 3.0 GPA with no more than one "F" the previous and current quarter.
- H. **Husky Den Representative:** Each homeroom class has a selected representative who serves in a leadership capacity and works closely with Mr. Whitaker to share ideas and represent their class. In addition, representatives share a lesson each month with their class.

## **BIG EIGHT RULES**

### **RULE#1 - SAFE SCHOOLS POLICY, FIGHTING AND INTIMIDATION**

All students have the right to be safe while at school. Acts of aggression will not be tolerated. It is the policy of Mountain Ridge to prohibit acts of violence, aggression, intimidation, use or possession of weapons, criminal behavior, or gang activity in the school, on the school grounds, at school-sanctioned activities, or when students are being transported to and from school.

Aggressive or defiant behavior may result in out-of-school suspension, police referral, and/or expulsion. Instigators (students who carry rumors, encourage others to fight, carry information back and forth between other individuals, etc.) may also be suspended. Students encouraging a fight as a spectator will also be subject to disciplinary action. Students should not take matters into their own hands, but should report fights or acts of aggression to a teacher or an administrator. Initiations, hazing, etc., are not allowed at school. Any questions concerning what is acceptable should be referred to the administration. Students who are being intimidated or harassed by another student should report it to a member of the B1 Team, a teacher, a counselor, or an administrator.

### **RULE #2 - DISRESPECT AND INSUBORDINATION TOWARD STAFF MEMBERS OR STUDENTS**

Acts of disrespect or insubordination will not be tolerated. Any student being disrespectful or insubordinate to any adult authority will be subject to out-of-school suspension or other administrative interventions.

### **RULE #3 - ABSENCES AND TARDIES**

A parent/guardian must report absences to the attendance secretary before 10 a.m. on the day of the absence (801-610-8758). The parent/guardian will be alerted with an automatic caller of any absence. Excessive absences will be referred to the district for appropriate action or recommendation for parent and student attendance at truancy school.

- A. ***Missed work/tests*** - Missed work due to an excused absence can be made up as outlined in teacher disclosure documents. Work/tests missed due to truancy may or may not be made up at the teachers' discretion.
- B. ***Excused Absence***- Students who are excused by a parent or miss a class to participate in school-sponsored activity will be excused. However, work must be made up. Absences need to be excused within one week following the absence.
- C. ***Check-outs***- students need to be checked out and checked in by a parent/guardian or by an individual who has been recorded on the Emergency and Health Information Sheet signed at the beginning of every school year. Failure to do this in advance could result in truancy. **For safety reasons, parents will need to come into the office with a photo ID to pick up their student.**
- D. ***Late arrival***- Students coming late to school should report to the office with a written excuse from their parent/guardian.
- E. ***Excessive absences/truancy***: By law, students are required to be at school daily. Students with excessive or unexcused absences will be subject to administrative consequences including conferences, detention, truancy school, etc.
- F. ***Tardies***- Students entering class late disrupt the instructional and learning process. As stated in the MRJH Classroom Citizenship Policy, students may receive a detention or suspension. If a tardy is the result of late dismissal, the student should get a written excuse from the teacher for admittance to the next class.

### **RULE #4 - THEFT AND VANDALISM**

The school administration and/or police will discipline students participating in vandalism, theft, or willful destruction of school property. Students will be expected to pay for damages.

**RULE #5 - ILLEGAL DRUGS, TOBACCO AND ALCOHOL.**

Controlled substances are strictly prohibited. A drug offense consists of the possession, use, or distribution (giving away or selling) of any controlled substance (including over the counter/prescription drugs, methamphetamine, marijuana, cocaine, or other drugs, listed in the law) or any imitation of controlled substance (something that looks like a controlled substance even though it is not) or any mind altering herbs (i.e. salvia, spice, etc.) or any drug paraphernalia which may be used to produce, package, distribute, or use drugs or over the counter medications (i.e. Tylenol, cough medicine, etc.). An alcohol or tobacco offense consists of the possession, use, or distribution (giving away or selling) of any alcoholic or tobacco product.

**RULE #6 - GUNS, KNIVES AND DANGEROUS MATERIALS**

Guns, knives, martial arts weapons or weapons of any kind (or facsimile), explosives, flammable or chemical materials (lighters, matches, fireworks, etc.) are strictly prohibited at MRJH. Possession of such items on school grounds may result in suspension and/or expulsion.

**RULE #7: GANGS AND HATE GROUPS**

Gang paraphernalia, including graffiti and gang clothing, are strictly prohibited at MRJH. Possession of such items on school grounds may result in suspension and/or expulsion.

Hate groups of any nature will not be tolerated.

**RULE #8 - HARASSMENT**

Every student has the right to a learning environment that is free of harassment. Name-calling, bullying, teasing and other forms of harassment will not be tolerated. Sexual harassment is defined as unwanted conduct or communication of a sexual nature that adversely affects a person's educational opportunities, relationships, or environment. A student who feels she/he is being harassed should fill out a complaint form in the front office. The complaint will be investigated and acted upon by the administration in compliance with state and federal law.

**FAILURE TO ADHERE TO THE "BIG EIGHT RULES" MAY RESULT IN ADMINISTRATIVE INTERVENTIONS WHICH INCLUDE, BUT ARE NOT LIMITED TO, THE FOLLOWING:**

- |  |   |
|--|---|
| +A change of the student's schedule                                  | +Lunch detention                            |
| +Administrative/parent/student contract                              | +Parent conference                          |
| +After school custodial work   | +Police or court referral                   |
| + Loss of privileges (i.e. assemblies, end of year activities, etc.) | +Suspension/Expulsion from school           |
| +Fines   | +Mandatory daily or weekly progress reports |
| +In-School Suspension  | +Truancy School, administrative hearing     |

## Classroom Citizenship Policy

### A. Students will receive a citizenship grade of O, S, N, or U at the end of each quarter.

O = Outstanding                      S= Satisfactory  
N= Needs Improvement      U= Unsatisfactory

### B. The Citizenship grade is determined by the student's performance in three areas:

1. Personal Behavior: Citizenship deduction for misbehavior will be determined by the teacher and depends upon the nature of the infraction.
2. Tardy Policy: Excessive tardies could result in detentions and suspensions. Students and parents can monitor student attendance through the Skyward website. (See page 6)
3. Attendance:
  - a. Absences - Excessive absences will be referred to administration and/or the district office. School activities; e.g., school field trips, are not considered absences.
  - b. Truancy (sluff) - A student is truant when he/she is absent from class without the knowledge of a parent/guardian or MRJH faculty member. A student needs to be checked out and checked in by a parent/guardian. Truancy will result in an automatic "U" in citizenship. Excessive truancy could result in detentions and referral to the District Truancy School, or even court. Skipping class may result in zeroes for the assignments/tests missed.

## Tardiness & Citizenship Grades

Punctuality is a life skill that demonstrates courtesy and supports team work, group process, and the effective use of time within the school academic setting. Tardiness impacts a classroom by distracting the focus of other students, creating a need to redirect and reinstruct those who are late and those who were distracted, and diminishing the impact of learning. Students who are tardy will receive the following consequences:

### Citizenship Grades:

First offense: warning  
Second Offense: drop one citizenship grade  
Third Offense: drop one citizenship grade  
Fourth Offense: "U" in citizenship

In addition to a drop in citizenship grades, the following may also occur: letter home, parent contact, additional assignment, parent meeting, administration meeting, and disciplinary consequences such as but not limited to the opportunity to not to participate in extra-curricular activities such as assemblies, field trips, etc... Please refer to our tardy policy.



### **MRJH Attendance Remediation Procedure**

*Students at Mountain Ridge Junior are expected to be in school. If a student is absent from school 20 times, a citation letter will be issued. At this juncture, students can expect any of the following interventions:*

- Parent Conference
- Student Conference
- Suspension
- Tracking
- Attendance Contract
- After School Make Up Time
- Schedule Change
- Administrator Home Visit

**When a student reaches 60 absent periods, they will be referred to the court system.**

### **MRJH Tardy Remediation Procedure**

*Students at Mountain Ridge Junior are expected to be on time to school and classes. The following interventions will occur when students are tardy.*

1<sup>st</sup> Tardy- Student will receive warning, read policy, and sign indicating they are aware of what the policy states.

2<sup>nd</sup> Tardy- Student calls home to get parent involved. Students will refer to the tardy policy they have signed, and state that the next time the parent will meet with an administrator. If the parent cannot be contacted by phone, a letter is sent home.

3<sup>rd</sup> Tardy- Parent signs a contract and meets with the student and administrator about how to solve the problem. If the parent is unavailable, the student and tracker will work to communicate with the parents until contact has been made.

4<sup>th</sup> Tardy- Parent will be contacted. Attendance School will be assigned for the next Monday after school for 30 minutes. If the student refuses to make up the time they will meet with their parent and an administrator.

5<sup>th</sup> Tardy- Parent contact and 60 minutes of attendance school to be made up after school on the following Monday.

6<sup>th</sup> Tardy- Parent meeting with student and administrator to discuss a possible schedule change, in school suspension (ISS), out of school suspension (OSS) or other interventions.

**\* In addition to the above consequences, students who have habitual attendance concerns could also lose the privilege of participating in any extra-curricular activities, to include the end of the year activities such as Lagoon & the 8<sup>th</sup> grade celebration.**

## **ZAP (Zeroes Aren't Permitted)**

When a student does not turn in assignments, both learning and grades decrease. Therefore, MRJH has adopted a "Zeroes Aren't Permitted" policy and program. Teachers regularly check for missing assignments and tests. The teacher may then choose to have a student attend ZAP to make up any missing work.

Zap will be held Tuesday through Friday, with one 24 minutes session each day during DEAR. Students will work with a staff member during these times to get caught up on missing assignments. This program will help students stay caught up and get the most out of their education. Students can ask their teacher to be Zapped if they need extra time or help.

Super Zap! This occurs 2-3 weeks prior to the quarter ending. Students are allowed to attend if they choose to complete work. It is helpful for students to make arrangements with the teachers they wish to make up class work/tests. Super Zap is held from 1:45-3:00 p.m. one Monday a quarter. Please check the calendar on our school website. Email notification is also sent prior to the Super Zap session.

## **Campus Guidelines and Conduct**

### **A. Auditorium Conduct**

1. Appropriate behavior includes the following guidelines:
  - a. Keep feet off of the furniture.
  - b. No food or drink in the auditorium.
  - c. Do not bring backpacks in the auditorium unless instructed by administration.
  - d. Be seated as quickly and quietly as possible. Follow your teacher for seating assignments.
  - e. Remain seated during assembly except for emergencies. Restroom needs should be taken care of prior to the assembly.
  - f. Show respect for the performers.
2. Consequences for those not showing proper behavior include:
  - a. Sitting in the office during the assembly.
  - b. Missing future assemblies.
  - c. Cleaning and picking up trash.
  - d. Administrative intervention.

### **B. Backpacks/purses/bags**

For safety and congestion reasons, backpacks, purses, or bags must be kept in lockers during the school day. There will be NO BACKPACKS, purses, or bags allowed in the classroom or hallways.

### **C. Bicycles, Scooters, and Skateboards**

1. All bicycles and scooters should be locked in the bicycle rack during the school day.
2. Skateboards should be in lockers.
3. The school is not responsible for damaged or stolen bicycles, scooters, or skateboards.

### **D. Buses**

1. Line up on the curb in single file. Don't step off the curb until the bus comes to a complete stop.
2. Follow bus rules and obey the bus driver at all times.
3. Students who violate bus rules may lose bus-riding privileges.

### **E. Cell Phones Cameras or Electronic Devices**

The following applies while in class, the locker rooms, hallways, lunchroom, and at school assemblies.

1. Students are NOT to have in their possession ANY cell phone, camera, or electronic device which is in the "on" position and ready to receive, send or record any communication, visual image, sound, text message or other information during the school day, including pass-time.
2. A teacher or administrator will confiscate the cell phone or electronic device of those who violate the rules and guidelines that have been established.
3. Cell phones can only be used under the direction of a teacher for an academic activity.

## **F. Cheating/Plagiarism**

We value academic and personal integrity and do not sanction any form of dishonesty, plagiarism or deception that unfairly, improperly or illegally enhances the grade or homework of an individual, a group assignment, or a final grade. Should a student choose to cheat, consequences will occur.

Please refer to teachers' policies on cheating in their class disclosures.

All of the following are considered plagiarism:

- Turning in someone else's work as your own
- Copying words or ideas from someone else without giving credit
- Failing to put a quotation in quotation marks
- Giving incorrect information about the source of a quotation
- Changing words, but copying the sentence structure of a source without giving credit
- To cut and paste work that is not your own and handing it in is plagiarism

## **G. Closed Campus**

1. Once students arrive at school, they may not leave until school is dismissed or unless properly checked out through the office.
2. **For safety reasons, parents will need to come into the office with a photo ID to pick up their student.**
3. If a student is officially checked out of school, they should check in with the front office when they return to the school campus.
4. Students who live close enough to eat lunch at home need to have a "Home Lunch Pass" signed by a parent and on file in the front office. A home lunch pass is good for the school year.
5. Please avoid checking your child out and their friends to go to lunch. This is disruptive to the school day and often leads to tardiness upon their return to the school.

## **H. Computer Use Policy**

1. You will have access to the Internet. There is no charge for using the Internet service.
2. Students should not use computers to access or create materials that includes, but is not limited to, images and messages that are sexually explicit, violent or seek to demean or harass others.
3. The privilege of computer use at Mountain Ridge depends on your ability to use them correctly. You may lose that privilege if you are unable to act responsibly.
4. Only those students who have turned in the Alpine School District Internet Use Policy form will be allowed to access the Internet.
5. Cyber bullying of any kind (through computer or phones) will not be tolerated.

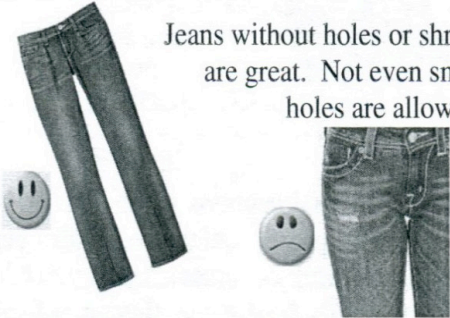



## **I. Dress-Code**


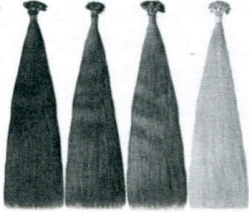



1. Students must wear appropriate footwear while in school or school-sponsored events. Daytime shoes are expected unless the student has a foot injury. Students should not wear slippers.
2. Clothing that is tattered, ragged or grubby is not appropriate for an educational environment. Pajamas should not be worn at school.
3. Sleeveless tops, bare midriffs, low-cut shirts or blouses (on boys or girls), cutoffs, short shorts, short skirts are not appropriate school attire. ***Shorts and skirts should be extended beyond the fingertips even when wearing leggings.***
4. Clothing bearing vulgar, suggestive, profane or obscene pictures, slogans or language, as well as clothing bearing pictures, or advertisements for alcohol, tobacco, drugs, or weapons is not to be worn at school.
5. Hats, bandanas, scarves, chains, studs, etc., are not allowed.
6. Saggy or baggy pants must be worn high enough that underclothing does not show.
7. Students should not wear AFHS or LPHS team jerseys to school. T-shirts, hoodies, and jerseys can be worn.

**I. Dress-Code Continued...**

8. Hair color that does not occur naturally in the human species is prohibited. Students with hairstyles, which are distracting or disruptive to the educational process, may be asked to reconcile the situation. A Mohawk haircut is an example of the above mentioned
9. Students with disruptive body jewelry may be asked to remove or surrender the item(s).
10. Students wearing clothing that is inappropriate for school may be asked to change clothing or placed in In-School Suspension for the remainder of the school day.
11. If clothing, body piercing, or tattoos distract or disrupt the educational process, the student will be asked to correct the problem or sent home.

***Administration has the right and responsibility to make final decisions about dress code issues.***

 <p>Jeans without holes or shreds are great. Not even small holes are allowed!</p>	<p>Lace tops (<u>Front or Back</u>), or off the shoulder tops always need to have a shirt with sleeves underneath. No bare midriffs or underwear showing. Shirts must have Sleeves that cover shoulders, underarms and cleavage.</p> 
<p>Pajamas and Slippers are for bed and home, not for an atmosphere of high achievement and learning</p> 	<p>Skirts, Shorts or Tops need to be down to your finger-tips with or without leggings or jeggings.</p> 

<p>Head-wear of any kind is not to be worn in the school.</p> 	<p>Hair color that does not occur naturally in the human species is a distraction to our educational environment</p>  <p>Black Red Brown Blonde</p>
<p>No gang clothing, symbols, including bandanas and chains</p> 	<p>No profanity, innuendo, or vulgarity</p>
<p>No clothing or paraphernalia referring to or promoting alcohol, tobacco, drugs, violence or sexual harassment.</p> 	 <p>Distractions to the educational environment such as piercings, sunglasses, or hairstyles will be dealt with on a case to case basis.</p>

### J. Loitering After School

1. When the dismissal bell rings, students are expected to depart from the school no later than 3 P.M. either by bus, walking, or a vehicle unless the student has arranged to meet with a teacher for assistance or to participate in a school sponsored activity.

### K. Lockers

1. Students are responsible for the care of their assigned locker and liable for any damage, including stickers and tape. Locker damage will result in a fine. There is a \$5.00 fee to change locker combinations.
2. School Administrators have a responsibility and a right to examine the contents of lockers for reasons of health, safety and security. Random searches may occur periodically.
3. Locker combinations should not be given out to anyone.
4. Any person caught tampering with, opening or removing items from a locker other than his/her own, without permission, will be subject to administrative intervention.
5. Never leave your locker without making sure you have locked it. Shut the door, turn the combination dial and test the door to make sure it is locked.
6. Do not leave money or other valuables in your locker!!!!
7. Do not change lockers. Students must remain in the locker assigned to them by the front office.
8. All of the above safety guidelines apply to P.E. lockers as well.



**L. Lunchroom**

1. Lunch credit can be purchased at the lunchroom every morning before school. Questions concerning the cafeteria should be directed to the lunch manager.
2. Students may buy **breakfast for \$1.10 and lunch for \$2.00 (Adult/Visitor \$3.85)**
3. If a student wants to purchase more than one breakfast or lunch on a given day, the cost is \$1.50 for breakfast and \$2.00 for lunch (the federal government subsidizes one meal per day).
4. Each person is responsible for picking up his/her own trash.
5. All food, including food brought from home should be eaten in the cafeteria.

**M. Nuisance Items**

Items that disrupt learning such as I-Pods, electronic games, squirt guns, rubber bands, laser pointers, bouncy balls, yo-yo's, stink bombs, trading cards, etc., should NOT be brought to school. Such items will be confiscated.

**N. Profanity**

Swearing, vulgar language, acts or gestures are not acceptable. The use of such language or gestures will result in an administrative intervention.

**O. Report Cards**

At the end of each quarter report cards will be posted to both the student and parent Skyward accounts. Report cards may be printed throughout the school year through Skyward. Parents may also request a printed copy from the counseling office at the end of each term.

**P. Sick Room**

1. If a student is ill, he/she should check with the teacher and report directly to the office.
2. If a student is sick or injured, parents or individuals listed on the "EMERGENCY AND HEALTH INFORMATION"\* sheet will be contacted.
3. The school can only administer simple first-aid to anyone injured at school.
4. We are not permitted to change dressings on previous injuries nor administer medication.
5. The school nurse is available on a very limited basis.

\* It is CRITICAL that parents complete this form and submit it to the front office.

**Q. School Insurance**

The Alpine School District Board of Education has set district policy that ALL STUDENTS in physical education classed in secondary schools have a minimal school insurance policy. This insurance is with a private company and awarded to the company offering the best coverage in relation to the cost to students. The Board of Education provides a waiver for those families without adequate personal insurance. Those wishing to be exempt from taking the district insurance may apply exemption by completing the exemption waiver available at school.

**R. Snowballs**

For safety reasons, throwing or kicking snow is prohibited. Doing so could result in a detention or suspension.

**S. Student Relationships**

Physical contact between students is inappropriate at school. Students are asked not to grab, hold hands, walk arm in arm, hug, kiss, etc... while at school.

**T. Telephones**

Office phones are available for students needing to call home. Students may obtain a pass from their teacher. One student is allowed at a time in the office to make a call. Before and after school students need to form a line outside the office. Parents needing to contact their students should do so through the main office. Parents, please do not text your students during school hours. Responding to your text could result in your student's phone being confiscated.

**U. Textbooks**

When a student is issued a book, he/she is responsible for the book to be turned in. At the end of the course, the book will be checked for damage beyond normal wear and tear. The student will be assessed a fine for damaged, lost, or stolen books.

## V. Visitors

Parents/Guardians are welcome and are encouraged to visit classes. Please check in at the front office prior to visiting individual classes.

**If you need to visit with a teacher or an administrator, please make an appointment.**

Students MAY NOT have visitors at school.

## Emergency Procedures

Note: In case of an emergency, students will need to be checked out by a parent/guardian or other individual listed on the Emergency and Health Information form before leaving campus. This will help to maintain an orderly process.

*It is vital that the office have a current “Emergency and Health Information” form on file.*

### A. **Bomb Threat:**

If it is determined that an evacuation is the safest solution:

1. The fire alarm will sound to evacuate the building.
2. Students will remain outside until the “all clear” signal is given.

### B. **Earthquake:**

1. Students should seek cover under desks, tables, or by inside walls and doorways.
2. Students should keep away from glass areas or outside walls.
3. If outside, stay away from buildings until cleared as indicated by signal from office staff.

### C. **Fire:**

1. Alarm will sound for students to evacuate building.
2. Students should line up behind their teacher in their designated areas.
3. If damage warrants, students will be sent home by regular methods.

### D. **Severe Weather:**

Radio station KSL 1160 AM and KSL Channel 5 television will broadcast any special announcements for the school such as when it is necessary to close the school because of severe weather or other reasons. If severe weather occurs during school, students will be asked to remain indoors.

### E. **Lockdown:**

1. Students should seek cover away from doors and windows until the “all clear” signal is given.
2. Students in the halls should go to the nearest classroom.

# Alpine School District Requirements for 8<sup>th</sup> Grade Completion & High School Graduation

## A. 7 & 8th Grade Completion Requirements

Required Credit Units	
English 7 & 8	2.0
Math (Pre-Algebra, Algebra, or Geometry)	2.0
Science (7 <sup>th</sup> integrated .50 & 8 <sup>th</sup> Integrated 1.0)	1.5
Utah History (7 <sup>th</sup> )	.5
US History (8 <sup>th</sup> )	1.0
Fine Arts (Visual & Performing)	1.0
Physical Education (.50 PE 7 & .50 PE 8)	1.0
Health Education	.5
CTE Introduction	1.0
Electives	4.5
<b>TOTAL UNITS</b>	<b>15.0</b>

**Credit Requirements for High School Graduation:** Alpine School District requires all students to complete the following courses and credits for a high school diploma,

Class of 2011–forward:

Required Credit Units	
English 9, 10, and 11 (1 credit each level)	3.0
Applied/Advanced Language Arts	1.0
Mathematics Core (2 credits)	2.0
Applied/Advanced Math	1.0
Science Core–2 different quadrants	2.0
Applied/Advanced Science	1.0
World Geography	0.5
World Civilizations	0.5
US History	1.0
Government & Citizenship	0.5
Social Studies	0.5
Fine Arts	1.5
Career and Technical Education (CTE)	1.0
Computer Technology	0.5
Financial Literacy	0.5
Health	0.5
PE Participation Skills	0.5
PE Fitness for Life	0.5
PE Lifetime Activities	0.5
Electives (ESHS diploma, 4 less electives; 5.5)	9.5
<b>TOTAL Required Credits</b>	<b>28</b>



# August 2015–July 2016

## AUGUST 2015

s	m	t	w	t	f	s
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## SEPTEMBER 2015

s	m	t	w	t	f	s
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

## OCTOBER 2015

s	m	t	w	t	f	s
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## NOVEMBER 2015

s	m	t	w	t	f	s
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## DECEMBER 2015

s	m	t	w	t	f	s
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## JANUARY 2016

s	m	t	w	t	f	s
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## FEBRUARY 2016

s	m	t	w	t	f	s
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29					

## MARCH 2016

s	m	t	w	t	f	s
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## APRIL 2016

s	m	t	w	t	f	s
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## MAY 2016

s	m	t	w	t	f	s
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## JUNE 2016

s	m	t	w	t	f	s
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

## JULY 2016

s	m	t	w	t	f	s
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

# CONVERSION CHART

## TIME MEASURE

60 Seconds.....	= 1 Minute
60 Minutes.....	= 1 Hour
24 Hours.....	= 1 Day
7 Days.....	= 1 Week
28–31 Days.....	= 1 Month
12 Months.....	= 1 Year
365 Days.....	= 1 Common Year
366 Days.....	= 1 Leap Year
100 Years.....	= 1 Century
1000 Years.....	= 1 Millennium

## DRY MEASURE

2 Pints.....	= 1 Quart
4 Quarts.....	= 1 Gallon
8 Quarts.....	= 1 Peck (2 Gallons)
4 Pecks.....	= 1 Bushel (8 Gallons)
16 Ounces.....	= 1 Pound
2000 Pounds.....	= 1 Ton

## LIQUID MEASURE

8 Ounces.....	= 1 Cup
2 Cups.....	= 1 Pint
16 Ounces.....	= 1 Pint
4 Cups.....	= 1 Quart
1 Gill.....	= 1/2 Cup (1/4 Pint)
2 Pints.....	= 1 Quart
4 Quarts.....	= 1 Gallon
31.5 Gallons.....	= 1 Barrel
3 tsp.....	= 1 Tbsp
2 Tbsp.....	= 1 Fluid Ounce (1/8 Cup)
4 Tbsp.....	= 1/4 Cup
8 Tbsp.....	= 1/2 Cup
1 Pinch.....	= 1/8 tsp or less
1 tsp.....	= 60 Drops

## LINEAR MEASURE

12 Inches.....	= 1 Foot
3 Feet.....	= 1 Yard
5.5 Yards (16.5 Feet).....	= 1 Rod
40 Rods.....	= 1 Furlong
8 Furlongs (5280 Feet).....	= 1 Mile
6080 Feet.....	= 1 Nautical Mile

## U.S. LIQUID TO METRIC SYSTEM

1 Fluid Oz.....	= 29.573 Milliliters
1 Cup.....	= 230 Milliliters
1 Quart.....	= .94635 Liters
1 Gallon.....	= 3.7854 Liters
.033814 Fluid Oz.....	= 1 Milliliter
33.814 Fluid Oz. (1.0567 Qt.).....	= 1 Liter

## U.S. WEIGHT AND MASS TO METRIC SYSTEM

.0353 Ounces.....	= 1 Gram
1/4 Ounce.....	= 7 Grams
1 Ounce.....	= 28.35 Grams
4 Ounces.....	= 113.4 Grams
8 Ounces.....	= 226.8 Grams
1 Pound.....	= 454 Grams
2.2046 Pounds.....	= 1 Kilogram
.98421 Long Ton (1.1023 Short Tons).....	= 1 Metric Ton

## U.S. LINEAR TO METRIC SYSTEM

1 Inch.....	= 2.54 Centimeters
1 Foot.....	= .3048 Meters
1 Yard.....	= .9144 Meters
1 Mile.....	= 1609.3 Meters (1.6093 Kilometers)
.03937 Inches.....	= 1 Millimeter
.3937 Inches.....	= 1 Centimeter
3.937 Inches.....	= 1 Decimeter
39.37 Inches.....	= 1 Meter
3280.8 Feet (.62137 Miles).....	= 1 Kilometer

# GRAMMAR

## PUNCTUATION

### PERIOD

Put a period at the end of a:

*Declarative Sentence*..... *Rain is wet.*

*Indirect Question*..... *Do you agree.*

*Imperative Sentence that does not express strong emotion*

..... *Sign and return the application form at your convenience.*

### COMMA

Use a comma to separate words and phrases in a series:

*Most writers now use a comma before an and that connects the last two words of a series. Some prefer to omit that comma.*

..... *He's ready to go, but wait for me.*

..... *Her hobbies were reading, cooking, and running.*

### QUOTATION MARKS

Use double quotation marks around a direct quotation

..... *He said, "Go away."*

Do not use quotation marks for indirect statements

..... *She said that she was happy.*

### APOSTROPHE

Use an apostrophe for:

*Contractions*..... *It's all right. (for it is)*

*The possessive case of a noun*..... *That is Bart's dog.*

### QUESTION MARK

Use the question mark for questions

..... *What store did they go to?*

### EXCLAMATION POINT

Express strong feeling with an exclamation point

..... *That's crazy!*

## EIGHT PARTS OF SPEECH

### NOUNS

*Common Nouns*..... *Examples refer to any place, person, thing or idea.*..... *woman, town*

*Proper Nouns*

*are capitalized and refer to any particular place, person, thing or idea*

..... *Heather, Utah*

### PRONOUNS

Take the place of a noun

*Nominative case*..... *He went to the store.*

*Possessive case*..... *The truck is **his**.*

*Objective case*..... *She sold **him** a red truck.*

### VERBS

Show action or state of being and indicate the time of that action or state.

*Past*..... *He **waited** in the car.*

*Present*..... *I **need** your report now.*

*Future*..... *You **will enjoy** your trip to the zoo.*

### ADJECTIVES

Describe nouns and specify size, color, number, and the like. *This is called modifying.*

..... *A small light showed in an upper window of the old factory.*

### ADVERBS

Describe verbs, adjectives, or other adverbs, and answer the questions how, when, where, why, to what extent or how much.

..... *The dog barked loudly.*

### PREPOSITIONS

Show how a noun or a pronoun relates to another word in a sentence.

*Prep: The dog jumped up on me. Adverb: The dog jumped up.*

### CONJUNCTIONS

Join words, phrases, or clauses.

*Coordinating: connect elements of the same value*

..... *Take the doughnut and eat it.*

*Subordinating: join a main clause and a dependent clause*

..... *The pie is burnt because the timer didn't go off.*

### INTERJECTIONS

Are also known as exclamations and are signaled by the use of the exclamation mark (!)

..... ***Wow!** Look at that horse go!*

# Los Alamos National Laboratory Chemistry Division

## Periodic Table of the Elements

1A	2A	3B	4B	5B	6B	7B	8B	11B	12B	3A	4A	5A	6A	7A	8A																																																																																				
1 <b>H</b> hydrogen 1.008	4 <b>Be</b> beryllium 9.012	21 <b>Sc</b> scandium 44.96	22 <b>Ti</b> titanium 47.88	23 <b>V</b> vanadium 50.94	24 <b>Cr</b> chromium 52.00	25 <b>Mn</b> manganese 54.94	26 <b>Fe</b> iron 55.85	27 <b>Co</b> cobalt 58.93	28 <b>Ni</b> nickel 58.69	29 <b>Cu</b> copper 63.55	30 <b>Zn</b> zinc 65.39	31 <b>Ga</b> gallium 69.72	32 <b>Ge</b> germanium 72.58	33 <b>As</b> arsenic 74.92	34 <b>Se</b> selenium 78.96	35 <b>Br</b> bromine 79.90	36 <b>Kr</b> krypton 83.80	37 <b>Rb</b> rubidium 85.47	38 <b>Sr</b> strontium 87.62	39 <b>Y</b> yttrium 88.91	40 <b>Zr</b> zirconium 91.22	41 <b>Nb</b> niobium 92.91	42 <b>Mo</b> molybdenum 95.94	43 <b>Tc</b> technetium (98)	44 <b>Ru</b> ruthenium 101.1	45 <b>Rh</b> rhodium 102.9	46 <b>Pd</b> palladium 106.4	47 <b>Ag</b> silver 107.9	48 <b>Cd</b> cadmium 112.4	49 <b>In</b> indium 114.8	50 <b>Sn</b> tin 118.7	51 <b>Sb</b> antimony 121.8	52 <b>Te</b> tellurium 127.6	53 <b>I</b> iodine 126.9	54 <b>Xe</b> xenon 131.3	55 <b>Cs</b> cesium 132.9	56 <b>Ba</b> barium 137.3	57 <b>La*</b> lanthanum 138.9	58 <b>Ce</b> cerium 140.1	59 <b>Pr</b> praseodymium 140.9	60 <b>Nd</b> neodymium 144.2	61 <b>Pm</b> promethium (147)	62 <b>Sm</b> samarium (150.4)	63 <b>Eu</b> europium 152.0	64 <b>Gd</b> gadolinium 157.3	65 <b>Tb</b> terbium 158.9	66 <b>Dy</b> dysprosium 162.5	67 <b>Ho</b> holmium 164.9	68 <b>Er</b> erbium 167.3	69 <b>Tm</b> thulium 168.9	70 <b>Yb</b> ytterbium 173.0	71 <b>Lu</b> lutetium 175.0	72 <b>Hf</b> hafnium 178.5	73 <b>Ta</b> tantalum 180.9	74 <b>W</b> tungsten 183.9	75 <b>Re</b> rhenium 186.2	76 <b>Os</b> osmium 190.2	77 <b>Ir</b> iridium 190.2	78 <b>Pt</b> platinum 195.1	79 <b>Au</b> gold 197.0	80 <b>Hg</b> mercury 200.5	81 <b>Tl</b> thallium 204.4	82 <b>Pb</b> lead 207.2	83 <b>Bi</b> bismuth 208.9	84 <b>Po</b> polonium (209)	85 <b>At</b> astatine (210)	86 <b>Rn</b> radon (222)	87 <b>Fr</b> francium (223)	88 <b>Ra</b> radium (226)	89 <b>Ac~</b> actinium (227)	90 <b>Th</b> thorium 232.0	91 <b>Pa</b> protactinium (231)	92 <b>U</b> uranium (238)	93 <b>Np</b> neptunium (237)	94 <b>Pu</b> plutonium (242)	95 <b>Am</b> americium (243)	96 <b>Cm</b> curium (247)	97 <b>Bk</b> berkelium (247)	98 <b>Cf</b> californium (249)	99 <b>Es</b> einsteinium (254)	100 <b>Fm</b> fermium (253)	101 <b>Md</b> mendelevium (256)	102 <b>No</b> nobelium (254)	103 <b>Lr</b> lawrencium (257)	104 <b>Rf</b> rutherfordium (261)	105 <b>Db</b> dubnium (260)	106 <b>Sg</b> seaborgium (263)	107 <b>Bh</b> bohrium (262)	108 <b>Hs</b> hassium (265)	109 <b>Mt</b> meitnerium (266)	110 <b>Ds</b> darmstadtium (271)	111 <b>Uuu</b> (272)	112 <b>Uub</b> (277)	113 <b>Uuq</b> (296)	114 <b>Uuq</b> (296)	115 <b>Uup</b> (288)	116 <b>Uuh</b> (298)	117 <b>Uuq</b> (289)	118 <b>Uuo</b> (?)

58 <b>Ce</b> cerium 140.1	59 <b>Pr</b> praseodymium 140.9	60 <b>Nd</b> neodymium 144.2	61 <b>Pm</b> promethium (147)	62 <b>Sm</b> samarium (150.4)	63 <b>Eu</b> europium 152.0	64 <b>Gd</b> gadolinium 157.3	65 <b>Tb</b> terbium 158.9	66 <b>Dy</b> dysprosium 162.5	67 <b>Ho</b> holmium 164.9	68 <b>Er</b> erbium 167.3	69 <b>Tm</b> thulium 168.9	70 <b>Yb</b> ytterbium 173.0	71 <b>Lu</b> lutetium 175.0
90 <b>Th</b> thorium 232.0	91 <b>Pa</b> protactinium (231)	92 <b>U</b> uranium (238)	93 <b>Np</b> neptunium (237)	94 <b>Pu</b> plutonium (242)	95 <b>Am</b> americium (243)	96 <b>Cm</b> curium (247)	97 <b>Bk</b> berkelium (247)	98 <b>Cf</b> californium (249)	99 <b>Es</b> einsteinium (254)	100 <b>Fm</b> fermium (253)	101 <b>Md</b> mendelevium (256)	102 <b>No</b> nobelium (254)	103 <b>Lr</b> lawrencium (257)

Lanthanide Series\*

Actinide Series~

element names in **blue** are liquids at room temperature  
 element names in **red** are gases at room temperature  
 element names in **black** are solids at room temperature

# BILL OF RIGHTS

## AMENDMENT I — Freedom of Religion; Freedom of speech, press, assembly, and petition

*Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.*

## AMENDMENT II — Right to keep and bear arms

*A well-regulated Militia being necessary to the security of a free State, the right of the people to keep and bear Arms shall not be infringed.*

## AMENDMENT III — Conditions for quartering soldiers

*No Soldier shall, in time of peace, be quartered in any house without the consent of the Owner, nor in time of war but in a manner to be prescribed by law.*

## AMENDMENT IV — Regulations on search and seizure

*The right of the people to be secure in their persons, houses, papers, and effects, against unreasonable searches and seizures, shall not be violated, and no Warrants shall issue, but upon probable cause, supported by Oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized.*

## AMENDMENT V — Rights of the accused

*No person shall be held to answer for a capital, or otherwise infamous crime, unless on a presentment or indictment of a Grand Jury, except in cases arising in the land or naval forces, or in the Militia when in actual service, in time of War or public danger; nor shall any person be subject for the same offense to be twice put in jeopardy of life or limb; nor shall be compelled in any criminal case to be a witness*

*against himself; nor be deprived of life, liberty or property, without due process of law; nor shall private property be taken for public use without just compensation.*

## AMENDMENT VI — Right to a fair trial

*In all criminal prosecutions, the accused shall enjoy the right to a speedy and public trial, by an impartial jury of the State and district wherein the crime shall have been committed, which district shall have been previously ascertained by law, and to be informed of the nature and cause of the accusation; to be confronted with the witnesses against him; to have compulsory process for obtaining witnesses in his favor, and to have the Assistance of Counsel for his defense.*

## AMENDMENT VII — Right to a jury trial in civil cases

*In suits at common law, where the value in controversy shall exceed twenty dollars, the right of trial by jury shall be preserved, and no fact tried by a jury shall be otherwise reexamined in any Court of the United States than according to the rules of common law.*

## AMENDMENT VIII — Protection against excessive bails, fines, and punishment

*Excessive bail shall not be required, nor excessive fines imposed, nor cruel and unusual punishment be inflicted.*

## AMENDMENT IX — Rules of construction

*The enumeration in the Constitution of certain rights shall not be construed to deny or disparage others retained by the people.*

## AMENDMENT X — Powers delegated to the States

*The powers not delegated to the United States by the Constitution, nor prohibited by it to the States, are reserved to the States respectively, or to the people.*

# PRESIDENTS OF USA



George Washington  
1789 - 97



John Adams  
1797 - 1801



Thomas Jefferson  
1801 - 09



James Madison  
1809 - 17



James Monroe  
1817 - 25



John Quincy Adams  
1825 - 29



Andrew Jackson  
1829 - 37



Martin Van Buren  
1837- 41



William Henry Harrison  
1841



John Tyler  
1841 - 45



James Polk  
1845 - 49



Zachary Taylor  
1849 - 50



Millard Fillmore  
1850 - 53



Franklin Pierce  
1853 - 57



James Buchanan  
1857 - 61



Abraham Lincoln  
1861 - 65



Andrew Johnson  
1865 - 69



Ulysses S. Grant  
1869 - 77



Rutherford B. Hayes  
1877 - 81



James Garfield  
1881



Chester Arthur  
1881 - 85



Grover Cleveland  
1885 - 89



Benjamin Harrison  
1889 - 93



Grover Cleveland  
1893 - 97



William McKinley  
1897 - 1901



Theodore Roosevelt  
1901 - 09



William H. Taft  
1909 - 13



Woodrow Wilson  
1913 - 21



Warren Harding  
1921 - 23



Calvin Coolidge  
1923 - 29



Herbert Hoover  
1929 - 33



Franklin Roosevelt  
1933 - 45



Harry Truman  
1945 - 53



Dwight Eisenhower  
1953 - 61



John F. Kennedy  
1961 - 63



Lyndon Johnson  
1963 - 69



Richard Nixon  
1969 - 74



Gerald Ford  
1974 - 77



Jimmy Carter  
1977 - 81



Ronald Reagan  
1981 - 89



George H.W. Bush  
1989 - 93



William J. Clinton  
1993 - 2001

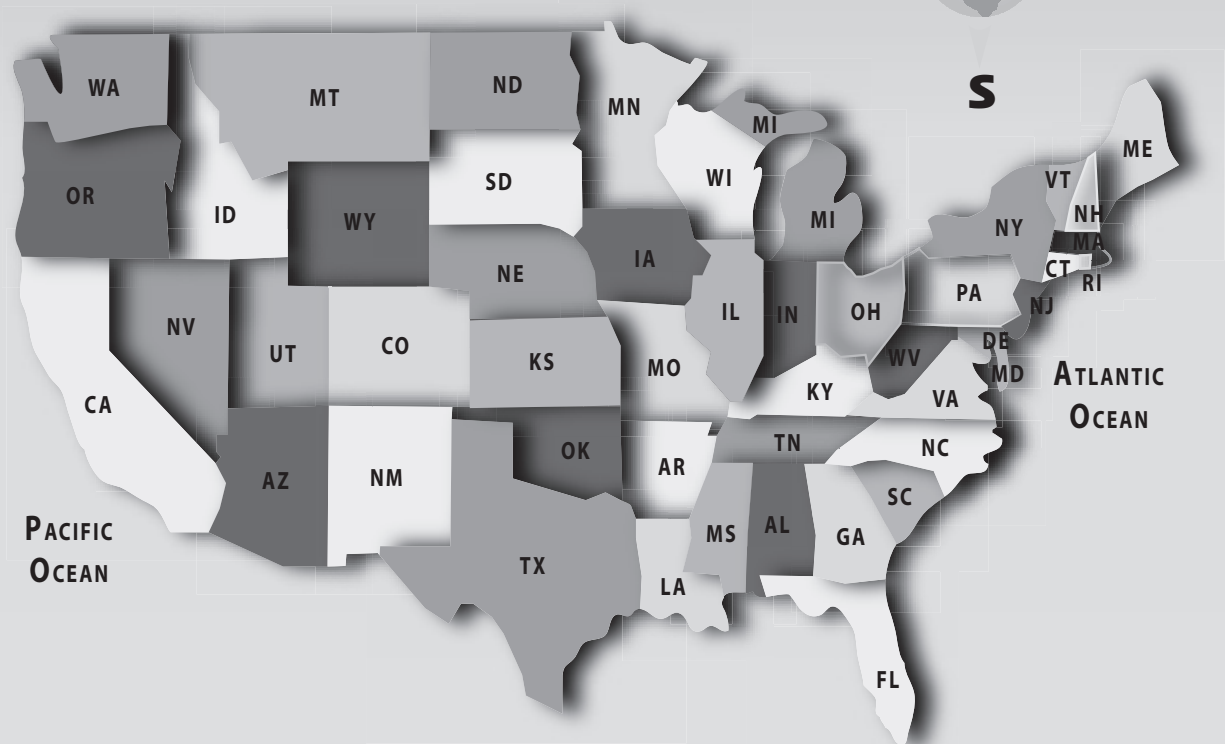
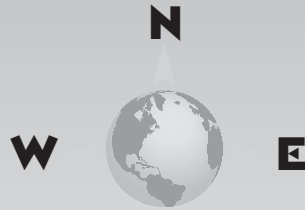


George W. Bush  
2001 - 2008

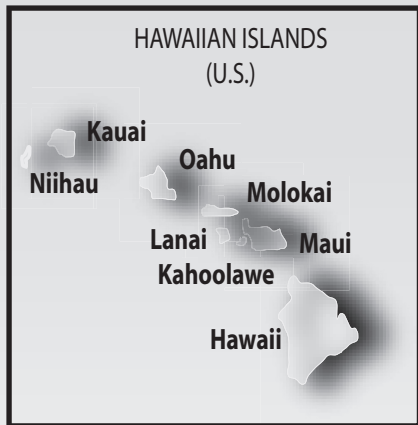


Barack Obama  
2009 - Present

# UNITED STATES OF AMERICA



## UNITED STATES OF AMERICA CAPITALS & STATES



### WASHINGTON, D.C.

JUNEAU.....	ALASKA	HELENA.....	MONTANA
MONTGOMERY.....	ALABAMA	RALEIGH.....	NORTH CAROLINA
LITTLE ROCK.....	ARKANSAS	BISMARCK.....	NORTH DAKOTA
PHOENIX.....	ARIZONA	LINCOLN.....	NEBRASKA
SACRAMENTO.....	CALIFORNIA	CONCORD.....	NEW HAMPSHIRE
DENVER.....	COLORADO	TRENTON.....	NEW JERSEY
HARTFORD.....	CONNECTICUT	SANTA FE.....	NEW MEXICO
DOVER.....	DELAWARE	CARSON CITY.....	NEVADA
TALLAHASSEE.....	FLORIDA	ALBANY.....	NEW YORK
ATLANTA.....	GEORGIA	COLUMBUS.....	OHIO
HONOLULU.....	HAWAII	OKLAHOMA CITY.....	OKLAHOMA
DES MOINES.....	IOWA	SALEM.....	OREGON
BOISE.....	IDAHO	HARRISBURG.....	PENNSYLVANIA
SPRINGFIELD.....	ILLINOIS	PROVIDENCE.....	RHODE ISLAND
INDIANAPOLIS.....	INDIANA	COLUMBIA.....	SOUTH CAROLINA
TOPEKA.....	KANSAS	PIERRE.....	SOUTH DAKOTA
FRANKFORT.....	KENTUCKY	NASHVILLE.....	TENNESSEE
BATON ROUGE.....	LOUISIANA	AUSTIN.....	TEXAS
BOSTON.....	MASSACHUSETTS	SALT LAKE CITY.....	UTAH
ANNAPOLIS.....	MARYLAND	RICHMOND.....	VIRGINIA
AUGUSTA.....	MAINE	MONTPELIER.....	VERMONT
LANSING.....	MICHIGAN	OLYMPIA.....	WASHINGTON
ST. PAUL.....	MINNESOTA	MADISON.....	WISCONSIN
JEFFERSON CITY.....	MISSOURI	CHARLESTON.....	WEST VIRGINIA
JACKSON.....	MISSISSIPPI	CHEYENNE.....	WYOMING





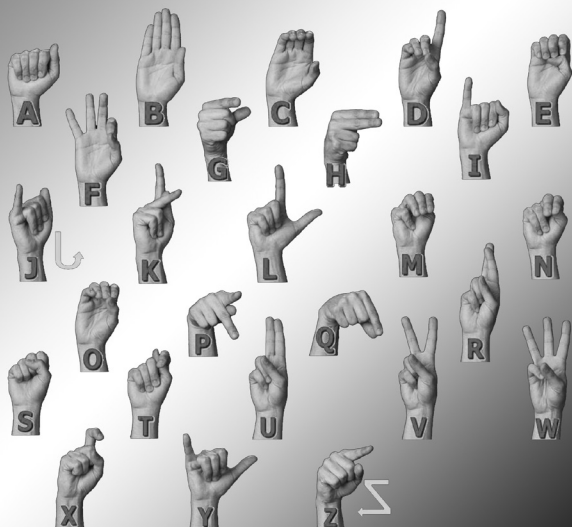
# MULTIPLICATION TABLE

1	2	3	4	5	6	7	8	9	10	11	12
2	4	6	8	10	12	14	16	18	20	22	24
3	6	9	12	15	18	21	24	27	30	33	36
4	8	12	16	20	24	28	32	36	40	44	48
5	10	15	20	25	30	35	40	45	50	55	60
6	12	18	24	30	36	42	48	54	60	66	72
7	14	21	28	35	42	49	56	63	70	77	84
8	16	24	32	40	48	56	64	72	80	88	96
9	18	27	36	45	54	63	72	81	90	99	108
10	20	30	40	50	60	70	80	90	100	110	120
11	22	33	44	55	66	77	88	99	110	121	132
12	24	36	48	60	72	84	96	108	120	132	144

I	1	XXI	21	XLI	41	LXI	61	LXXI	81
II	2	XXII	22	XLII	42	LXII	62	LXXII	82
III	3	XXIII	23	XLIII	43	LXIII	63	LXXIII	83
IV	4	XXIV	24	XLIV	44	LXIV	64	LXXIV	84
V	5	XXV	25	XLV	45	LXV	65	LXXV	85
VI	6	XXVI	26	XLVI	46	LXVI	66	LXXVI	86
VII	7	XXVII	27	XLVII	47	LXVII	67	LXXVII	87
VIII	8	XXVIII	28	XLVIII	48	LXVIII	68	LXXVIII	88
IX	9	XXIX	29	XLIX	49	LXIX	69	LXXIX	89
X	10	XXX	30	L	50	LXX	70	XC	90
XI	11	XXXI	31	LI	51	LXXI	71	XCI	91
XII	12	XXXII	32	LII	52	LXXII	72	XCII	92
XIII	13	XXXIII	33	LIII	53	LXXIII	73	XCIII	93
XIV	14	XXXIV	34	LIV	54	LXXIV	74	XCIV	94
XV	15	XXXV	35	LV	55	LXXV	75	XCV	95
XVI	16	XXXVI	36	LVI	56	LXXVI	76	XCVI	96
XVII	17	XXXVII	37	LVII	57	LXXVII	77	XCVII	97
XVIII	18	XXXVIII	38	LVIII	58	LXXVIII	78	XCVIII	98
XIX	19	XXXIX	39	LIX	59	LXXIX	79	XCIX	99
XX	20	XL	40	LX	60	LXXX	80	C	100
								D	500
								M	1000

## ROMAN NUMERALS

## SIGN LANGUAGE ALPHABET



## SQUARES & SQUARE ROOTS

$n$	$n^2$	$\sqrt{n}$
1	1	1
2	4	1.414
3	9	1.732
4	16	2
5	25	2.236
6	36	2.449
7	49	2.646
8	64	2.828
9	81	3
10	100	3.162
11	121	3.317
12	144	3.464
13	169	3.606
14	196	3.742
15	225	3.873
20	400	4.472
25	625	5
100	10,000	10

## TRIANGLES

- 3 sides — Triangle
- 4 sides — Quadrilateral
- 5 sides — Pentagon
- 6 sides — Hexagon
- 7 sides — Heptagon
- 8 sides — Octagon
- 9 sides — Nonagon
- 10 sides — Decagon
- 12 sides — Dodecagon

## FRACTIONS / DECIMALS / PERCENTS

$\frac{1}{2}$  numerator  
denominator

$$\frac{a}{b} + \frac{c}{d} = \frac{ad + bc}{bd}$$

**Addition/Subtraction:**

find common denominators

**Multiplication:**

multiply straight across

**Division:**

multiply first fraction by the reciprocal of the second fraction

**Changing Fractions to Decimals:**

change denominator to a power of 10 or divide numerator by the denominator

## FRACTIONS, DECIMALS, & PERCENTS

1	=	1.0	=	100%
3/4	=	0.75	=	75%
2/3	=	0.6	=	66.6%
1/2	=	0.5	=	50%
1/3	=	0.3	=	33.3%
1/4	=	0.25	=	25%
1/5	=	0.2	=	20%
1/10	=	0.1	=	10%

## SURFACE AREA

**Volume** — Find the area of the base ( $b$ ) and multiply by the height ( $h$ ).

**Surface Area** — Find the area of each face and add together.

**Triangles** — Area =  $1/2bh$

**Squares** — Area =  $b^2$  - Parallelogram - Area =  $bh$

**Trapezoid** — Area =  $1/2(a+b)h$  - Rectangle - Area =  $ab$

**Circles** — Area =  $\pi r^2$

$$\text{Circumference} = 2\pi r$$

## SYMBOLS & ORDER OF OPERATION

- < less than
- > greater than
- ≤ less or equal
- ≥ greater or equal
- = equal to
- ≈ approximate

1. Do operations within parentheses. ( )
2. Do powers (exponents) and roots.  $2\sqrt{\quad}$
3. Do multiplication and division in order from left to right.  $\times \div$
4. Do addition and subtraction in order from left to right.  $+$  -



# AUGUST 17-23



Subject	Monday, August 17	Teacher Initials	Due Date	Complete (x)
Subject	Tuesday, August 18	Teacher Initials	Due Date	Complete (x)
<p data-bbox="354 842 540 869"><i>7th Grade Orientation</i></p>				
Subject	Wednesday, August 19	Teacher Initials	Due Date	Complete (x)
<p data-bbox="354 1155 586 1182"><i>A Day - First Day of School</i></p>				
Subject	Thursday, August 20	Teacher Initials	Due Date	Complete (x)
<p data-bbox="354 1465 412 1493"><i>B Day</i></p>				
Subject	Friday, August 21	Teacher Initials	Due Date	Complete (x)
<p data-bbox="354 1776 412 1803"><i>A Day</i></p>				
Subject	Saturday, August 22 / Sunday, August 23	Teacher Initials	Due Date	Complete (x)

# AUGUST 24-30

"You can finish school, and even make it easy—but you never finish your education,

Subject	Monday, August 24	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Tuesday, August 25	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Wednesday, August 26	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Thursday, August 27	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Friday, August 28	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Saturday, August 29 / Sunday, August 30	Teacher Initials	Due Date	Complete (x)

# AUG. 31- SEP. 6



Subject	Monday, August 31	Teacher Initials	Due Date	Complete (x)
	<p style="text-align: center;"><i>A Day</i></p>			
Subject	Tuesday, September 1	Teacher Initials	Due Date	Complete (x)
	<p style="text-align: center;"><i>B Day</i></p>			
Subject	Wednesday, September 2	Teacher Initials	Due Date	Complete (x)
	<p style="text-align: center;"><i>A Day</i></p>			
Subject	Thursday, September 3	Teacher Initials	Due Date	Complete (x)
	<p style="text-align: center;"><i>B Day</i></p>			
Subject	September 4	Teacher Initials	Due Date	Complete (x)
	<p style="text-align: center;"><i>A Day</i></p>			
Subject	Saturday, September 5 / Sunday, September 6	Teacher Initials	Due Date	Complete (x)

# SEPTEMBER 7-13

"The secret of success is constancy of purpose."

— Benjamin Disraeli

Subject	Monday, September 7	Teacher Initials	Due Date	Complete (x)
	<i>Labor Day</i>			
Subject	Tuesday, September 8	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Wednesday, September 9	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Thursday, September 10	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Friday, September 11	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Saturday, September 12 / Sunday, September 13	Teacher Initials	Due Date	Complete (x)

# SEPTEMBER 14-20



Subject	Monday, September 14	Teacher Initials	Due Date	Complete (x)
	<p><i>B Day</i></p>			
Subject	Tuesday, September 15	Teacher Initials	Due Date	Complete (x)
	<p><i>A Day</i></p>			
Subject	Wednesday, September 16	Teacher Initials	Due Date	Complete (x)
	<p><i>B Day</i></p>			
Subject	Thursday, September 17	Teacher Initials	Due Date	Complete (x)
	<p><i>A Day</i></p>			
Subject	Friday, September 18	Teacher Initials	Due Date	Complete (x)
	<p><i>B Day</i></p>			
Subject	Saturday, September 19 / Sunday, September 20	Teacher Initials	Due Date	Complete (x)

# SEPTEMBER 21-27

"We are what we repeatedly do.  
Excellence, then, is not an act,  
but a habit."

Subject	Monday, September 21	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Tuesday, September 22	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Wednesday, September 23	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Thursday, September 24	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Friday, September 25	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Saturday, September 26 / Sunday, September 27	Teacher Initials	Due Date	Complete (x)

# SEPT. 28- OCT. 4



Subject	Monday, September 28	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Tuesday, September 29	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Wednesday, September 30	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Thursday, October 1	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Friday, October 2	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Saturday, October 3 / Sunday, October 4	Teacher Initials	Due Date	Complete (x)

# OCTOBER 5-11

“Leadership is the capacity to translate vision into reality.”

— Warren G. Bennis

Subject	Monday, October 5	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Tuesday, October 6	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Wednesday, October 7	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Thursday, October 8	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Friday, October 9	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Saturday, October 10 / Sunday, October 11	Teacher Initials	Due Date	Complete (x)



# OCTOBER 12-18



Subject	Monday, October 12	Teacher Initials	Due Date	Complete (x)
	<p><i>Columbus Day - B Day</i></p>			
Subject	Tuesday, October 13	Teacher Initials	Due Date	Complete (x)
	<p><i>A Day</i></p>			
Subject	Wednesday, October 14	Teacher Initials	Due Date	Complete (x)
	<p><i>B Day</i></p>			
Subject	Thursday, October 15	Teacher Initials	Due Date	Complete (x)
Subject	Friday, October 16	Teacher Initials	Due Date	Complete (x)
Subject	Saturday, October 17 / Sunday, October 18	Teacher Initials	Due Date	Complete (x)



# OCT. 26- NOV. 1



Subject	Monday, October 26	Teacher Initials	Due Date	Complete (x)
	<p>A Day</p>			
Subject	Tuesday, October 27	Teacher Initials	Due Date	Complete (x)
	<p>B Day</p>			
Subject	Wednesday, October 28	Teacher Initials	Due Date	Complete (x)
	<p>A Day</p>			
Subject	Thursday, October 29	Teacher Initials	Due Date	Complete (x)
	<p>B Day</p>			
Subject	Friday, October 30	Teacher Initials	Due Date	Complete (x)
	<p>A Day</p>			
Subject	Saturday, October 31 / Sunday, November 1	Teacher Initials	Due Date	Complete (x)
	<p>Halloween</p> <p style="text-align: right;">Daylight Saving Time Ends</p>			

# NOVEMBER 2-8

"Be kind, for everyone you meet is fighting a harder battle."

— Plato

Subject	Monday, November 2	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Tuesday, November 3	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Wednesday, November 4	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Thursday, November 5	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Friday, November 6	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Saturday, November 7 / Sunday, November 8	Teacher Initials	Due Date	Complete (x)

# NOVEMBER 9-15



Subject	Monday, November 9	Teacher Initials	Due Date	Complete (x)
<p data-bbox="354 537 412 562"><i>A Day</i></p>				
Subject	Tuesday, November 10	Teacher Initials	Due Date	Complete (x)
<p data-bbox="354 844 412 869"><i>B Day</i></p>				
Subject	Wednesday, November 11	Teacher Initials	Due Date	Complete (x)
<p data-bbox="354 1159 558 1184"><i>Veteran's Day — A Day</i></p>				
Subject	Thursday, November 12	Teacher Initials	Due Date	Complete (x)
<p data-bbox="354 1465 412 1491"><i>B Day</i></p>				
Subject	Friday, November 13	Teacher Initials	Due Date	Complete (x)
<p data-bbox="354 1780 412 1806"><i>A Day</i></p>				
Subject	Saturday, November 14 / Sunday, November 15	Teacher Initials	Due Date	Complete (x)

# NOVEMBER 16-22

"No dream comes true until you wake up and go to work."

— Anonymous

Subject	Monday, November 16	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Tuesday, November 17	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Wednesday, November 18	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Thursday, November 19	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Friday, November 20	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Saturday, November 21 / Sunday, November 22	Teacher Initials	Due Date	Complete (x)

# NOVEMBER 23-29



Subject	Monday, November 23	Teacher Initials	Due Date	Complete (x)
	<p style="text-align: center;"><i>A Day</i></p>			
Subject	Tuesday, November 24	Teacher Initials	Due Date	Complete (x)
	<p style="text-align: center;"><i>B Day</i></p>			
Subject	Wednesday, November 25	Teacher Initials	Due Date	Complete (x)
Subject	Thursday, November 26	Teacher Initials	Due Date	Complete (x)
	<p style="text-align: center;"><i>Thanksgiving Day</i></p>			
Subject	Friday, November 27	Teacher Initials	Due Date	Complete (x)
Subject	Saturday, November 28 / Sunday, November 29	Teacher Initials	Due Date	Complete (x)

# NOV. 30- DEC 6

"There's no limit to what a man can achieve, if he doesn't care who gets the credit."

Subject	Monday, November 30	Teacher Initials	Due Date	Complete (x)
	<p><i>A Day</i></p>			
Subject	Tuesday, December 1	Teacher Initials	Due Date	Complete (x)
	<p><i>B Day</i></p>			
Subject	Wednesday, December 2	Teacher Initials	Due Date	Complete (x)
	<p><i>A Day</i></p>			
Subject	Thursday, December 3	Teacher Initials	Due Date	Complete (x)
	<p><i>B Day</i></p>			
Subject	Friday, December 4	Teacher Initials	Due Date	Complete (x)
	<p><i>A Day</i></p>			
Subject	Saturday, December 5 / Sunday, December 6	Teacher Initials	Due Date	Complete (x)
	<p><i>Hanukkah Begins</i></p>			



# DECEMBER 7-13



Subject	Monday, December 7	Teacher Initials	Due Date	Complete (x)
	<p><i>B Day</i></p>			
Subject	Tuesday, December 8	Teacher Initials	Due Date	Complete (x)
	<p><i>A Day</i></p>			
Subject	Wednesday, December 9	Teacher Initials	Due Date	Complete (x)
	<p><i>B Day</i></p>			
Subject	Thursday, December 10	Teacher Initials	Due Date	Complete (x)
	<p><i>A Day</i></p>			
Subject	Friday, December 11	Teacher Initials	Due Date	Complete (x)
	<p><i>B Day</i></p>			
Subject	Saturday, December 12 / Sunday, December 13	Teacher Initials	Due Date	Complete (x)

# DECEMBER 14-20

"Every worthwhile accomplishment, big or little, has its stages of drudgery and tri-

Subject	Monday, December 14	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Tuesday, December 15	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Wednesday, December 16	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Thursday, December 17	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Friday, December 18	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Saturday, December 19 / Sunday, December 20	Teacher Initials	Due Date	Complete (x)

# DECEMBER 21-27



Subject	Monday, December 21	Teacher Initials	Due Date	Complete (x)
Subject	Tuesday, December 22	Teacher Initials	Due Date	Complete (x)
Subject	Wednesday, December 23	Teacher Initials	Due Date	Complete (x)
Subject	Thursday, December 24	Teacher Initials	Due Date	Complete (x)
Subject	Friday, December 25	Teacher Initials	Due Date	Complete (x)
	<i>Christmas Day</i>			
Subject	Saturday, December 26 / Sunday, December 27	Teacher Initials	Due Date	Complete (x)

# DEC. 28- JAN. 3

"The price of greatness is responsibility."  
 — Winston Churchill

Subject	Monday, December 28	Teacher Initials	Due Date	Complete (x)
Subject	Tuesday, December 29	Teacher Initials	Due Date	Complete (x)
Subject	Wednesday, December 30	Teacher Initials	Due Date	Complete (x)
Subject	Thursday, December 31	Teacher Initials	Due Date	Complete (x)
Subject	Friday, January 1	Teacher Initials	Due Date	Complete (x)
	<i>New Year's Day</i>			
Subject	Saturday, January 2 / Sunday, January 3	Teacher Initials	Due Date	Complete (x)

# JANUARY 4-10



Subject	Monday, January 4	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 533 412 562"><i>B Day</i></p>			
Subject	Tuesday, January 5	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 842 412 871"><i>A Day</i></p>			
Subject	Wednesday, January 6	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 1155 412 1184"><i>B Day</i></p>			
Subject	Thursday, January 7	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 1467 412 1497"><i>A Day</i></p>			
Subject	Friday, January 8	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 1774 412 1803"><i>B Day</i></p>			
Subject	Saturday, January 9 / Sunday, January 10	Teacher Initials	Due Date	Complete (x)

# JANUARY 11-17

"Alone we can do so little;  
together we can do so much."  
— Helen Keller

Subject	Monday, January 11	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Tuesday, January 12	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Wednesday, January 13	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Thursday, January 14	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Friday, January 15	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Saturday, January 16 / Sunday, January 17	Teacher Initials	Due Date	Complete (x)

# JANUARY 18-24



Subject	Monday, January 18	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 533 586 562"><i>Martin Luther King Jr. Day</i></p>			
Subject	Tuesday, January 19	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 844 412 873"><i>B Day</i></p>			
Subject	Wednesday, January 20	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 1157 412 1186"><i>A Day</i></p>			
Subject	Thursday, January 21	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 1470 412 1499"><i>B Day</i></p>			
Subject	Friday, January 22	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 1778 412 1808"><i>A Day</i></p>			
Subject	Saturday, January 23 / Sunday, January 24	Teacher Initials	Due Date	Complete (x)

# JANUARY 25-31

"The time is always right to do what is right."  
— Martin Luther King Jr.

Subject	Monday, January 25	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Tuesday, January 26	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Wednesday, January 27	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Thursday, January 28	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Friday, January 29	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Saturday, January 30 / Sunday, January 31	Teacher Initials	Due Date	Complete (x)



# FEBRUARY 1-7



Subject	Monday, February 1	Teacher Initials	Due Date	Complete (x)
<p data-bbox="354 535 410 562"><i>A Day</i></p>				
Subject	Tuesday, February 2	Teacher Initials	Due Date	Complete (x)
<p data-bbox="354 844 573 871"><i>Groundhog Day —B Day</i></p>				
Subject	Wednesday, February 3	Teacher Initials	Due Date	Complete (x)
<p data-bbox="354 1157 410 1184"><i>A Day</i></p>				
Subject	Thursday, February 4	Teacher Initials	Due Date	Complete (x)
<p data-bbox="354 1465 410 1493"><i>B Day</i></p>				
Subject	Friday, February 5	Teacher Initials	Due Date	Complete (x)
<p data-bbox="354 1778 410 1806"><i>A Day</i></p>				
Subject	Saturday, February 6 / Sunday, February 7	Teacher Initials	Due Date	Complete (x)

# FEBRUARY 8-14

"Love only grows by sharing.  
You can only have more for  
yourself by giving it away to

Subject	Monday, February 8	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Tuesday, February 9	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Wednesday, February 10	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Thursday, February 11	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Friday, February 12	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Saturday, February 13 / Sunday, February 14	Teacher Initials	Due Date	Complete (x)
	<i>Valentine's Day</i>			

# FEBRUARY 15-21



Subject	Monday, February 15	Teacher Initials	Due Date	Complete (x)
	<i>President's Day</i>			
Subject	Tuesday, February 16	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Wednesday, February 17	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Thursday, February 18	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Friday, February 19	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Saturday, February 20 / Sunday, February 21	Teacher Initials	Due Date	Complete (x)

# FEBRUARY 22-28

"Life in abundance comes only through great love."

— Elbert Hubbard

Subject	Monday, February 22	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Tuesday, February 23	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Wednesday, February 24	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Thursday, February 25	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Friday, February 26	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Saturday, February 27 / Sunday, February 28	Teacher Initials	Due Date	Complete (x)

# FEB. 29 - MAR. 6



Subject	Monday, February 29	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Tuesday, March 1	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Wednesday, March 2	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Thursday, March 3	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Friday, March 4	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Saturday, March 5 / Sunday, March 6	Teacher Initials	Due Date	Complete (x)



# MARCH 14-20



Subject	Monday, March 14	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 537 412 562"><i>A Day</i></p>			
Subject	Tuesday, March 15	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 846 412 871"><i>B Day</i></p>			
Subject	Wednesday, March 16	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 1161 412 1186"><i>A Day</i></p>			
Subject	Thursday, March 17	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 1470 581 1495"><i>St. Patrick's Day — B Day</i></p>			
Subject	Friday, March 18	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 1782 412 1808"><i>A Day</i></p>			
Subject	Saturday, March 19 / Sunday, March 20	Teacher Initials	Due Date	Complete (x)

# MARCH 21-27

"Character may be manifested in the great moments, but it is made in the small ones."

Subject	Monday, March 21	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Tuesday, March 22	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Wednesday, March 23	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Thursday, March 24	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Friday, March 25	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Saturday, March 26 / Sunday, March 27	Teacher Initials	Due Date	Complete (x)
	<i>Easter</i>			



# MARCH 28- APRIL 3



Subject	Monday, March 28	Teacher Initials	Due Date	Complete (x)
	<p>A Day</p>			
Subject	Tuesday, March 29	Teacher Initials	Due Date	Complete (x)
	<p>B Day</p>			
Subject	Wednesday, March 30	Teacher Initials	Due Date	Complete (x)
	<p>A Day</p>			
Subject	Thursday, March 31	Teacher Initials	Due Date	Complete (x)
	<p>B Day</p>			
Subject	Friday, April 1	Teacher Initials	Due Date	Complete (x)
	<p>April Fool's Day — A Day</p>			
Subject	Saturday, April 2 / Sunday, April 3	Teacher Initials	Due Date	Complete (x)



# APRIL 11-17



Subject	Monday, April 11	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Tuesday, April 12	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Wednesday, April 13	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Thursday, April 14	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Friday, April 15	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Saturday, April 16 / Sunday, April 17	Teacher Initials	Due Date	Complete (x)

# APRIL 18-24

“Where there is no struggle,  
there is no strength.”  
— Oprah Winfrey

Subject	Monday, April 18	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Tuesday, April 19	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Wednesday, April 20	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Thursday, April 21	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Friday, April 22	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Saturday, April 23 / Sunday, April 24	Teacher Initials	Due Date	Complete (x)

# APRIL 25- MAY 1



Subject	Monday, April 25	Teacher Initials	Due Date	Complete (x)
	<div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div>			
	<i>B Day</i>			
Subject	Tuesday, April 26	Teacher Initials	Due Date	Complete (x)
	<div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div>			
	<i>A Day</i>			
Subject	Wednesday, April 27	Teacher Initials	Due Date	Complete (x)
	<div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div>			
	<i>B Day</i>			
Subject	Thursday, April 28	Teacher Initials	Due Date	Complete (x)
	<div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div>			
	<i>A Day</i>			
Subject	Friday, April 29	Teacher Initials	Due Date	Complete (x)
	<div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div>			
	<i>B Day</i>			
Subject	Saturday, April 30 / Sunday, May 1	Teacher Initials	Due Date	Complete (x)
	<div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div> <div style="border-bottom: 1px dotted black; height: 10px; margin-bottom: 5px;"></div>			

# MAY 2-8

“Even when opportunity knocks, a man still has to get up off his seat and open the door.”

Subject	Monday, May 2	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Tuesday, May 3	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Wednesday, May 4	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Thursday, May 5	Teacher Initials	Due Date	Complete (x)
	<i>B Day</i>			
Subject	Friday, May 6	Teacher Initials	Due Date	Complete (x)
	<i>A Day</i>			
Subject	Saturday, May 7 / Sunday, May 8	Teacher Initials	Due Date	Complete (x)
	<i>Mother's Day</i>			

# MAY 9-15



Subject	Monday, May 9	Teacher Initials	Due Date	Complete (x)
<i>B Day</i>				
Subject	Tuesday, May 10	Teacher Initials	Due Date	Complete (x)
<i>A Day</i>				
Subject	Wednesday, May 11	Teacher Initials	Due Date	Complete (x)
<i>B Day</i>				
Subject	Thursday, May 12	Teacher Initials	Due Date	Complete (x)
<i>A Day</i>				
Subject	Friday, May 13	Teacher Initials	Due Date	Complete (x)
<i>B Day</i>				
Subject	Saturday, May 14 / Sunday, May 15	Teacher Initials	Due Date	Complete (x)





# MAY 23-29



Subject	Monday, May 23	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 537 412 562"><i>B Day</i></p>			
Subject	Tuesday, May 24	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 846 412 871"><i>A Day</i></p>			
Subject	Wednesday, May 25	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 1161 412 1186"><i>B Day</i></p>			
Subject	Thursday, May 26	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 1470 412 1495"><i>A Day</i></p>			
Subject	Friday, May 27	Teacher Initials	Due Date	Complete (x)
	<p data-bbox="354 1780 602 1806"><i>Last Day of School — B Day</i></p>			
Subject	Saturday, May 28 / Sunday, May 29	Teacher Initials	Due Date	Complete (x)

# MAY 30 - JUNE 5

"You already have every characteristic necessary for success if you recognize, claim,

Subject	Monday, May 30	Teacher Initials	Due Date	Complete (x)
	<p><i>Memorial Day</i></p>			
Subject	Tuesday, May 31	Teacher Initials	Due Date	Complete (x)
Subject	Wednesday, June 1	Teacher Initials	Due Date	Complete (x)
Subject	Thursday, June 2	Teacher Initials	Due Date	Complete (x)
Subject	Friday, June 3	Teacher Initials	Due Date	Complete (x)
Subject	Saturday, June 4 / Sunday, June 5	Teacher Initials	Due Date	Complete (x)

# JUNE 6-12



Subject	Monday, June 6	Teacher Initials	Due Date	Complete (x)

