



In case of emergency, I understand every effort will be made to contact me. In the event I cannot be reached, I hereby give my permission to the certified athletic trainer, licensed health-care practitioner and/or hospital to secure proper treatment or care, including ambulance transportation, hospitalization, anesthesia, surgery, or injections of medication for my child in the event said student should be injured or stricken ill while participating in an interscholastic activity sponsored by the above named school. It is hereby understood that the consent and authorization hereby given and granted are continuing, and are intended by me to extend throughout the current school year. It is further understood that any expenses incurred will be paid for by insurance or the parent of the student. Payment of the expense is not a school responsibility.

I/We hereby give my/our consent for the above named student to compete in the Pleasant Grove High School approved sports below:

Baseball     Cross Country     Football     Soccer     Swimming     Track/Field     Wrestling  
 Basketball     Drill Team     Golf     Softball     Tennis     Volleyball     Other

I/We acknowledge that he/she will engage in all activities related to the team including trying out, practicing, playing and travel. I/We realize that such activity involves the potential for injury which is inherent in all sports. I/We acknowledge that even with the best coaching, use of the most advanced protective equipment and strict observance of rules, injuries are still a possibility. On rare occasions these injuries can be so severe as to result in total disability, paralysis, quadriplegia or even death.

I/We acknowledge that I/we have read and understand this warning.

I/We hereby agree to exonerate and hold harmless the Alpine School District, its agents, servants, and employees, including coaches, athletic trainers, and all practitioners of the healing arts treating my son/daughter, from any and all liability, claims, causes of action or demands of any kind and nature whatsoever which may arise by or in connection with my son's/daughter's participation in any activities related to the sports indicated above.

Signature of parent/guardian: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of student: \_\_\_\_\_

Date: \_\_\_\_\_

**FOR PHYSICIAN'S OFFICE USE ONLY**

**Doctor's Office Address Information**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone: (    ) - \_\_\_\_\_

**VITAL STATISTICS**

Height: \_\_\_\_\_ Pulse Rate: \_\_\_\_\_ Vision: Left: \_\_\_\_/20 Right: \_\_\_\_/20

Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_ / \_\_\_\_ Corrected: [ ] Yes [ ] No

% Body Fat (Opt): \_\_\_\_\_ Pupils: [ ] Equal [ ] Unequal

NORMAL	ABNORMAL FINDINGS	INITIALS*
<b>GENERAL MEDICAL</b>		
<input type="checkbox"/> Appearance	_____	_____
<input type="checkbox"/> Eyes/Ears/Nose/Throat	_____	_____
<input type="checkbox"/> Lymph Nodes	_____	_____
<input type="checkbox"/> Heart	_____	_____
<input type="checkbox"/> Pulses	_____	_____
<input type="checkbox"/> Lungs	_____	_____
<input type="checkbox"/> Abdomen	_____	_____
<input type="checkbox"/> Genitalia (males only)	_____	_____
<input type="checkbox"/> Skin	_____	_____
<b>MUSCULOSKELETAL</b>		
<input type="checkbox"/> Neck	_____	_____
<input type="checkbox"/> Back	_____	_____
<input type="checkbox"/> Shoulder/arm	_____	_____
<input type="checkbox"/> Elbow/forearm	_____	_____
<input type="checkbox"/> Wrist/hand	_____	_____
<input type="checkbox"/> Hip/Thigh	_____	_____
<input type="checkbox"/> Knee	_____	_____
<input type="checkbox"/> Leg/Ankle	_____	_____
<input type="checkbox"/> Foot	_____	_____

\*Station-based examination of

CLEARANCE	PHYSICIAN'S COMMENTS
<input type="checkbox"/> Cleared	_____
<input type="checkbox"/> Cleared with conditions (see comments)	_____
<input type="checkbox"/> Not cleared (see comments)	_____

Signature of physician: \_\_\_\_\_ Date: \_\_\_\_\_