

Oak Canyon Junior High Think Time Form

My chance to reflect on my behavior and to make positive changes.

SAC - ext 485118

Student's Name: _____ Grade: 7 8 9

Referring Adult's Name: _____ Time Leaving Class _____

Where did the incident occur?

Classroom: _____ Hall: _____ Auditorium: _____ Lunchroom: _____ Other: _____

Describe the behavior resulting in THINK TIME referral:

---Student Section---

Take a deep breath and just check in with yourself for a moment. Please circle any that apply to how you're feeling right now:

Hungry Thirsty Tired Cold/Hot Sad Stressed Scared Lonely Angry

What choice did you make that caused you to be referred to Think Time?

Your behavior showed a breakdown in which Oak Canyon value(s)? (respectful, caring, active learner)

How did your behavior harm people and relationships?

How it affected you:

How it affected others around you and your relationships with them:

What is your plan to repair the situation?:

How will you benefit from this change?