

Heather Hall

I was raised in the Bay Area, CA but have lived and raised my family here in Utah. My favorite place will always be the beach but I have learned to love running and hiking in our mountains. I love cheering on my kids in their different activities but in my free time I read a lot, cook, garden, and all things exercise-related from barre to running. I make really good brownies and always keep a stash in my freezer. I have always wanted to be a teacher and the desk in my classroom is the same desk my dad found for me at a school surplus sale when I was a little kid.