

# OCJH PRINCIPAL'S NEWSLETTER

By PRINCIPAL KATE ROSS

JANUARY 23, 2023



## EVENTS 1/23-2/5 (SCHOOL EVENTS, PTA EVENTS, HOLIDAYS)

### 1/23-1/29 (A-WEEK)

### 1/30-2/5 (B-WEEK)

23 Boys' Basketball @ Lakeridge 3:00-4:30  
23 Girls' Basketball vs. Lakeridge 3:00-4:30  
24 Boys' Basketball Practice 2:20-4:10 in the Gym  
24 Girls' Basketball Practice 4:10-5:50 in the Gym  
24 ASD Board Meeting 6:00 @ District Office  
25 Boys' Basketball Practice 12:30-3:15 in the Gym  
25 Girls' Basketball Practice 3:15-5:50 in the Gym  
26 Boys' Basketball @ Viewpoint 3:00-4:30  
26 Girls' Basketball vs. Viewpoint 3:00-4:30  
27 PTA Virtual Day at the Capitol  
27 Boys' Basketball Practice 2:20-4:10 in the Gym  
27 Girls' Basketball Practice 4:10-5:50 in the Gym  
27-28 Honor Choir

30 Int. and Advanced Orchestra to Space Center 9:15-10:45  
30 Boys' Basketball vs. Timberline 3:00-4:30  
30 Girls' Basketball @ Timberline 3:00-4:30  
31 Girls' Basketball Practice 2:20-4:10 in the Gym  
31 Boys' Basketball Practice 4:10-5:50 in the Gym  
1 **First Day of Black History Month**  
1 Boys' Basketball @ Lehi Jr. 3:00-4:30  
1 Girls' Basketball vs. Lehi Jr. 3:00-4:30  
2 Boys' Basketball vs. AF 3:00-4:30  
3 Girls' Basketball @ AF 3:00-4:30  
3 Boys' Basketball Practice 2:20-4:10 in the Gym  
3 Girls' Basketball Practice 4:10-5:50 in the Gym

## MESSAGE FROM MRS. ROSS



Each Wednesday, our students participate in a 25 minute lesson called RAD Time to promote student well-being and reinforce our school mission, vision, and values. These lessons are delivered by your student's second period teacher (A2 or B6 depending on if the Wednesday is an A Day or a B Day). RAD Time lessons are created by Oak Canyon staff follow a pattern each month:

- Week 1: Lesson Focused on OCJH Value Connection
- Week 2: Lesson Focused on OCJH Value Commitment
- Week 3: Lesson Focused on OCJH Value Citizenship
- Week 4: Lesson Focused on Building Community at OCJH

RAD Time is a wonderful opportunity for students to have authentic conversations and discussions about what our values really look like in action and how to develop them individually and collectively. RAD Time lessons include topics such as: safety protocols, service, kindness, compassion, diversity, etc. It is also an opportunity to celebrate students' birthdays and accomplishments! We are fortunate to have this OCJH created program to help Oak Canyon students powerfully participate in school--both academically and socially. I love it when I am able to join a class during RAD Time and engage right along with our teachers and students. RAD Time is one of the many things that makes Oak Canyon GREAT!

# NEW INFORMATION:

## FROM THE OCJH PTSA

### PTSA Eagle Discount Cards

Our PTSA Eagle Discount Cards are now on sale!! They are now B1G1 Free (2 for \$10) until they are sold out! Eagle Cards can be purchased at the finance office or at our PTSA sucker sales table.

### Oak Canyon Has Talent Application

Our annual PTSA "Oak Canyon Has Talent" night will be on Friday, March 17! Applications and audition videos are due online by Friday, Feb. 10. More details are in the application, which is linked below and on the school website. There are cash prizes for the contest winners! We can't wait to see the amazing talents of our Oak Canyon students! [OCJH Has Talent](#)

### Virtual PTA Day at the Capitol

Friday, January 27th, is Virtual PTA Day at the Capitol! This is a great opportunity to learn about bills coming up this session that could impact public education. Click here for more information: [Virtual PTA Day at the Capital](#)

### Save the Date: Culver's Feb. 6

Our next PTSA Spirit Night fundraiser will be on Monday, Feb. 6 at the Orem Culver's from 5- 8pm! Come get a treat or dinner for your family! Culver's will be donating 20% of all orders to our school!! We appreciate your support!

## UVU STRONGER FAMILIES PROJECT OPPORTUNITY



Take part in a FREE 8-week Family Life Education Course with the **UVU STRONGER FAMILIES PROJECT**

**Build On Your Family's Strengths & Values!**

Using an **evidence-based, nationally-recognized curriculum**, we teach both parents and children how to improve their interaction and emotional patterns within the family.

In-person sessions will be delivered at various locations in Utah County.  
**Classes begin the week of January 30<sup>th</sup> and are held one evening per week through Mar. 30<sup>th</sup>**

Except for the Parent-Only, all other classes are for the entire family. Sessions fill up quickly and space in the program is limited.

Spring Sessions:	Covered Topics:
<b>Tuesday Night:</b> Orem Jr. High 6:30-8:00 pm <b>*Whole Family</b>	<ul style="list-style-type: none"><li>• Healthy Patterns of Communication</li><li>• Family Interpersonal Skills</li><li>• Conflict Resolution</li><li>• Emotional &amp; Mental Health</li><li>• Positive Discipline</li><li>• Problem Solving</li><li>• Goal Setting and Achievement</li><li>• Anger Management</li><li>• Establishing Family Values</li></ul>
<b>Tuesday Night:</b> UVU Campus SFP House 6:30-8:00 pm <b>*Parent Only Spanish</b> <small>Newborns to 1-year-olds only stay with parents and 1-6 year-olds may attend in free educational childcare classroom during this time.</small>	
<b>Thursday Night:</b> Early Learning Essentials 6:30-8:00 pm <b>*Whole Family, only for families enrolled with ELE</b>	

**Apply at: <https://www.uvu.edu/sfp/apply/>**

strongerfamilies@uvu.edu • 801.863.7235 • [www.uvu.edu/sfp](http://www.uvu.edu/sfp)  
[www.facebook.com/UVUStrongerFamiliesProject/](https://www.facebook.com/UVUStrongerFamiliesProject/)

## YOUR FEEDBACK IS APPRECIATED

Parents, as part of my evaluation as an administrator in Alpine School District, I need to collect feedback from my constituency--that includes YOU! Please click on this link to access the survey:

<https://forms.gle/FkqCF9yxwRRku46V6> Thank you!

## REMINDERS:

### PG CARES--UPCOMING COMMUNITY EVENTS

PG Cares is thrilled to provide opportunities for the adults in our community to learn about different topics. See the flier below for upcoming monthly table talks dates and topics. Lunch will be provided. In addition, PG Cares will be hosting another large community event on Wednesday, February 22nd. More details are coming, but save the date!



### BATTLE OF THE BOOKS ANNOUNCEMENT

Do you like to read? Do you like competitions? Do you want to meet people and earn prizes? Join Oak Canyon's Battle of the Books. You can sign up in the library by yourself or with others by Jan. 18th. Lunchtime Book Club begins Tuesday Jan 17 during both lunches on Tuesdays and Thursdays. This month we will be reading The Unforgettable Logan Foster. All are invited to participate! See Ms. Bachelor for more information.

## ASD RISE NOMINATIONS

Do you know a teacher or school employee who is **Remarkable, Inspiring, Selfless, and/or Encouraging**? Please nominate them for the new ASD RISE Award. Nominees will be recognized at their school, and a few each month will be selected for Board Recognition during a Board meeting at the District Office. Click [here](#) to access the nomination form. So far, the following Faculty and Staff have received nominations:

Kate Ross

Travis Adamson

Jen Lamoreaux

Natalie Matthews

Alyssa Meinzer

Julio Escobedo

Lisa Lister (Received District Recognition)

Taralyn Holmes

Cali Templeman

Heather Hall

## OCJH AFTER SCHOOL CONNECTION ACTIVITIES

Oak Canyon offers a variety of after school connection activities. Click on the following link to see the complete list: [OCJH AFTER SCHOOL CONNECTION ACTIVITIES 22-23](#)