

PRINCIPAL'S NEWSLETTER SEPTEMBER 25, 2023



EVENTS 9/25-10/8 (SCHOOL EVENTS, PTA EVENTS, HOLIDAYS)

9/25-10/1 (B-WEEK)

10/2-10/8 (B-WEEK)

Homeroom: Perspective Taking
25-29 PTSA Membership Drive
26 School Spirit Night @ Kneaders 5:00-8:00
26 ASD Board Meeting 6:00-8:00 @ District Office
27 Cross Country Meet 5:00-7:00 @ Frontier
27 PG Cares Event 5:00-9:00 @ PGHS (info below)
28 School Picture Retakes in the Auditorium
28 Parent Teacher Conferences 3:00-7:00

Homeroom: Giving and Receiving Feedback
4-5 8th to 9th Registration Presentations in Classes
4 Hall's Classroom to Bean Museum 9:30-1:30
4 Cross Country Championship 5:00-7:00 @ Art Dye
6 Teacher Work Day--NO STUDENTS

PRINCIPAL'S MESSAGE

This week our focus in Homeroom is perspective taking. This is an appropriate topic in light of some of the issues we see at Oak Canyon regularly. Many students and staff have challenging things going on in their lives that those

COMMUNICATION

- WE EXPRESS IDEAS NONVERBALLY, VERBALLY, AND IN WRITING
- WE ACTIVELY LISTEN TO UNDERSTAND
- WE COMMUNICATE IN RESPECTFUL AND INTENTIONAL WAYS
- WE PROVIDE AND RECEIVE FEEDBACK

around them are largely unaware of. Worse, without thinking, sometimes we say and do things that are hurtful to others. Trying on different perspectives is a valuable exercise to help us be kind, patient, and aware of those around us that are experiencing the world differently than we are. Learning how to show respect in our communication, even when we disagree, is a skill that seems to be lacking in the world today. Being mindful of what we say, and when/how we say it is one of the best ways to demonstrate respect in our communication. We invite you to extend this conversation at home with your students. The most important

thing is that we show kindness and compassion to all and make Oak Canyon a safe environment for all to learn and grow. We look forward to seeing you at Parent Teacher conferences this week!

Mrs. Ross

NEW INFORMATION

FROM THE OAK CANYON PTSA



Our PTSA will be doing a membership drive September 25-29. Student PTSA members are entered into a drawing for prizes. Five student winners will be selected daily. It's not too late to join! **After the 29th membership dues will go up to \$10 from their current price of \$7 per membership.**

Also, **SAVE THE DATE, our next OCJH Spirit Night is on Tuesday, September 26th** at Kneaders from 5:00-8:00 PM! Don't forget to tell them that you are from Oak Canyon!

PARENT TEACHER CONFERENCES 9/28

Just a quick reminder that we have our fall Parent Teacher Conferences coming up on **Thursday, September 28 from 3:00-7:00 PM.** The format for this evening will be Open House from 3:00-7:00 PM. If you need more time with a teacher than for a brief check in, please reach out to the teacher directly to find a time to properly address your student's needs.

PICTURE RETAKES--9/28

Students that did not have pictures taken on 8/14, retakes are coming up on Thursday, September 28th! Please plan to have your picture taken for the website and the yearbook!

Oak Canyon Jr High
 Saturday, October 28, 2023
 el Sabado, 28 de Octubre, 2023

Make Up Day

Please bring non-students between 11:30am - 12:00pm

1. Grand Parent or Two Household Package \$30

2-8x10's 4-5x7's 4-4x5's/16 wallets Digital Image

2. Build Your Own Package (Choose any 4 sheets from the following sizes) \$32

1-8x10 2-5x7's 4-4x5's 8-2x3's 16-wallets 1-5x7/2-4x5's Digital Image

3. 1-8x10 2-5x7's 2-4x5's/8 wallets Digital Image \$30

4. 1-5x7/2-4x5's 8-2x3's \$25

5. 2-4x5's/4-2x3's \$16

6. Digital Image Package \$22

High Resolution
 Large Print
 Digital Image

7. Retouching Only \$10

- Softens Skin
- Fixes Minor Blemishes
- Applies to Yearbook Photo
- Applies to ID Card

ADD-ONS (with package purchase)

• 1-8x10	• \$6	• 16-wallets	• \$6
• 2-5x7's	• \$6	• 1-5x7/2-4x5	• \$6
• 4-4x5's	• \$6	• Retouching	• \$10
• 8-2x3's	• \$6		

Send separate envelope and payment for each student on each day. Return check New 200. Cash & checks accepted (Credit card for online orders only). Make checks payable to Eastman Adams Photo. © Eastman Adams Photo. All rights reserved. No resale.

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TEACHER WORK DAY--FRIDAY, OCTOBER 6

Please note that Friday, October 6th is a teacher work day, and students do not attend this day. Please plan accordingly.

ASD RISE NOMINATIONS

Do you know a teacher or school employee who is Remarkable, Inspiring, Selfless, and/or Encouraging?

Nominations are now open for the [2023-2024 ASD RISE Award](#). Nominees will be recognized at their school, highlighted on our website, and a few each month will be selected for Board Recognition during a Board meeting at the District Office.

UTAH JAZZ/INSTRUCTURE NOMINATIONS

Nominations are now being accepted for the Utah Jazz MVE (Most Valuable Educator) Award. If there is an #ASD educator who has had an impact on your student, please nominate them [HERE](#). Each honored educator will be a guest of Instructure at a game and will receive a personalized Jazz jersey. In addition, they will receive a \$1,000 classroom grant and a surprise classroom visit or organized assembly involving the Jazz Bear mascot and personnel from the Utah Jazz and Instructure. We have AMAZING teachers!!

COMMUNITY ANNOUNCEMENTS

PGCares COMMUNITY CONNECTION EVENT

CONFIDENCE 2.0

HOW TO BUILD RESILIENT KIDS

AN EVENING FOR PARENTS & TEENS

with child psychiatrist **MATT SWENSON, MD**

5:00-7:00
RESOURCE
BOOTHS
+ REFRESHMENTS

7:00-9:00
PRESENTATION
+ Q&A + PRIZES

**PLEASANT GROVE
HIGH SCHOOL**
700 E 200 S
PLEASANT GROVE

Confident, resilient teens will be ready to launch into adulthood. Come learn from EveryDay Strong creator Dr. Matt Swenson how you can foster real confidence in your teens during this crucial time of their lives.

DON'T MISS IT!

WEDNESDAY, SEPT. 27

Take part in a **FREE 8-week Family Life Education Course** with the **UVU STRONGER FAMILIES PROJECT**

Build On Your Family's Strengths & Values!

Using an evidence-based, nationally-recognized curriculum, we teach both parents and children how to improve their interaction and emotional patterns within the family.

In-person sessions will be delivered at locations in Utah County.

Classes begin the week of Sept. 18th and are held one evening per week through Nov. 18th

Classes are for the entire family.
Sessions fill up quickly and space in the program is limited.

Fall Sessions:	Covered Topics:
Tuesday Night: Orem J. High 850 W. Jaguar Ave., Orem 6:30-8:00 pm	<ul style="list-style-type: none">• Healthy Patterns of Communication• Family Interpersonal Skills• Conflict Resolution• Emotional & Mental Health• Positive Discipline• Problem Solving• Goal Setting and Achievement• Anger Management• Establishing Family Values
Thursday Night: UVU Campus SFP Bldg. 1140 S. 400 W., Orem 6:30-8:00 pm	

Apply at: <https://www.uvu.edu/stf/apply/>

strongerfamilies@uvu.edu • 801.863.7235 • www.uvu.edu/stf
www.facebook.com/UVUStrongerFamiliesProject

REMINDERS

AFTER SCHOOL CONNECTION ACTIVITIES FOR STUDENTS

We are still adding after school activities, but these are the ones we know of for sure at this point:

M Ballroom (M. Haymond Orchestra Room/Cafeteria) 2:15-3:45

T E-Sports (Redford F115) 2:15-3:00

T Science in Action (Garlick A-156) 2:20-3:20 **SEE MORE INFORMATION BELOW**

W Ballroom (M. Haymond Orchestra Room/Cafeteria) 1:15-3:00

TH TSA (Redford F115) 2:30-3:30

TH Dungeons and Dragons (Adamson E102)

F Math Club (Jorgensen B152) 2:15-3:15

IN FOCUS HOMEROOM CURRICULUM FOR PARENTS

We are excited to report that the materials our teachers will be using/consulting for Homeroom have a robust parent component. Not only can you access lesson material available to your student, but also you can access ways to continue the conversation at home if you like. The web address is www.infocuseducationgroup.com and you can click on the parent portal link at the top. A username and password are not necessary to do this. We will not be following the lessons in the order they are listed on the website. To see which lesson we are focusing on for the week, please refer to the events section of the Newsletter where the topic for the week will be listed. Please let us know if you have any questions!

PTA REFLECTIONS--I AM HOPEFUL BECAUSE...

PTA National Contest
REFLECTIONS

I am Hopeful Because...

Explore the arts and express yourself!
2023-2024
CALL FOR ENTRIES!

Express Your Creativity in any or all of these seven categories:

- 2 Dimensional Art (Painting, Drawing, Digital Art)
- 3 Dimensional Art (Sculpture, blocks, cloth, installations)
- Photography (See something amazing and take a picture)
- Dance Choreography (Make up a dance and have it recorded)
- Film Production (Write a script and be the camera-man)
- Literature (Fiction, nonfiction, poetry, script)
- Music (Write a song and play it or have it played)

Win awesome prizes!
Check the guidelines and turn it in online!
utahpta.org/ref

Turn in by OCTOBER 25!

Entry Deadline: **October 25**

For Details:

Questions:
Amy Hinzte
901-367-5539
betadara@gmail.com

OCJH HANDBOOK

For more information about items not specifically addressed in this newsletter, please click on this link to access the Oak Canyon Junior High Handbook. For example, in regard to dress code, the handbook spells out what is allowed and what is not. We have made some adjustments to this policy over the past year, so it would be good to review with your student prior to the first day of school. Information about all other school policies and procedures can be found here as well!

https://docs.google.com/document/d/1qP92A_0R3Fs8AUfdNIDWm5lpfuNd-igxQ_PS_qoFQoY/edit?usp=sharing

