

PRINCIPAL'S NEWSLETTER SEPTEMBER 16, 2024



EVENTS 9/16-9/29 (SCHOOL EVENTS, PTA EVENTS, HOLIDAYS)

9/16-9/22 (B-WEEK)

Term 1 Essential Guiding Question: What Does It Mean To Be An Oak Canyon Eagle?

Homeroom: I Can Learn from My Mistakes and Use a Growth Mindset

16 Ballroom 2:25-3:30

16 PG Cares Screen Health Event at PGHS 5:30-8:30

17 School Community Council Mtg. 2:30 in the TLC

18 PTSA Eagle of the Month 9:00 in the TLC

18 PTSA Meeting 9:30-10:30 in the TLC

18 Ballroom 1:25-2:40

18 Cross Country Meet 5:00 @ Viewpoint

20 CLAS Ropes Course for New 9th Graders

9/23-9/29 (A-WEEK)

Term 1 Essential Guiding Question: What Does It Mean To Be An Oak Canyon Eagle?

Homeroom: We Are People of Character and Integrity

23 Ballroom 2:25-3:30

24 Hall's Class to Jack and Jill Bowling 11:30-1:30

24 ASD Board Meeting 6:00 @ District Office

25 Ballroom 1:25-2:40

25 Cross Country Meet 5:00 @ Mountain Ridge

26 Parent/Teacher Conferences 3:00-7:00

27 PTSA Sponsored Fun Friday Lunch Activities

PRINCIPAL'S MESSAGE



Student recognition is very important to us at Oak Canyon! I'm working hard to memorize as many names in my Homeroom Pod as possible, because I know how much it means to me when others have taken the time to call me by my name. The PTSA sponsors Eagle of the Month recognitions where each department is assigned a month to select students that exemplify the qualities of one of our 6 Cs: communication, collaboration, critical thinking, creativity, character, and citizenship. Our first Eagles of the Month will be recognized tomorrow and will be highlighted in next week's newsletter. We also have students of the week that are recognized by our office staff for being exemplary members of our school community. In addition, we LOVE

to recognize students for their accomplishments outside of school! In the weekly newsletter, there is a link for students and families to share student accomplishments for us to highlight in the newsletter. I'm including a link [here](#) for your convenience if there is something you'd like to share with us! We are off to a fantastic start to the school year. I am impressed with the caliber of students and the overall feeling of kindness and caring that I feel throughout the school. Keep up the great work, Eagles!

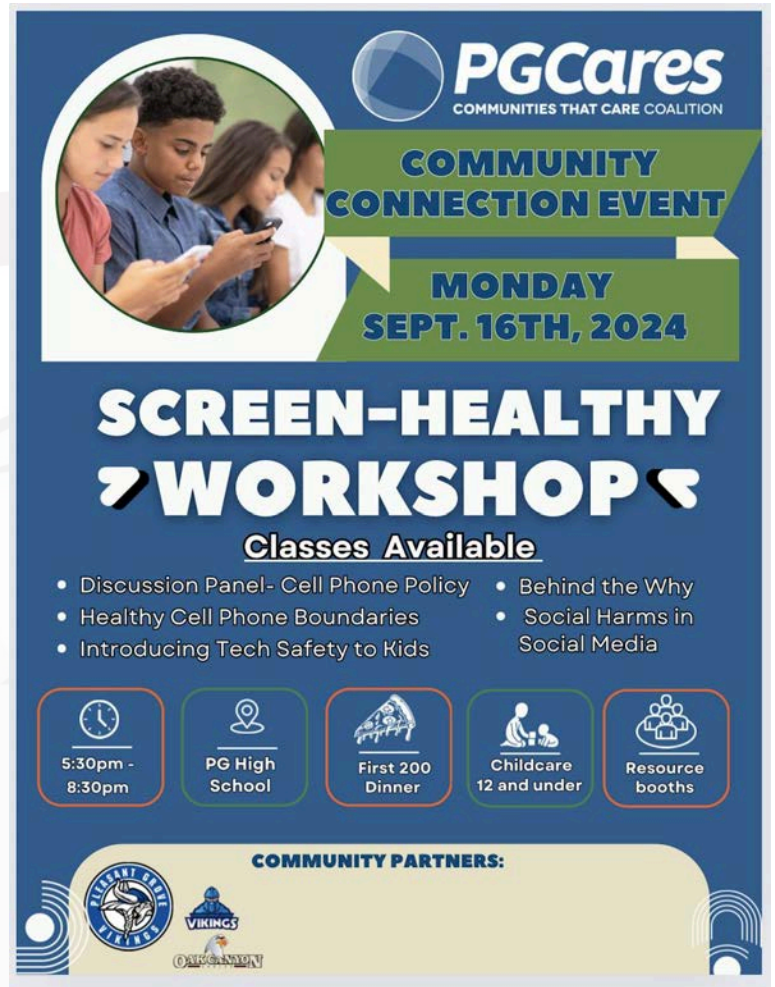
Mrs. Ross

NEW INFORMATION

FROM THE OAK CANYON PTSA

-On Monday, September 16 PG Cares is sponsoring a community connection event at PGHS from 5:30-8:30. Join us for a Screen-Healthy Workshop with a variety of classes and resource booths. Dinner will be provided for the first 200 attendees and childcare will be provided for children 12 and under!

-Our PTSA does so much to support our school and students--selling suckers on Fridays, sponsoring the Eagle of the Month student recognitions, organizing Spirit Nights, making generous donations for school improvements, recognizing our honor roll students, and more! We encourage all to join the PTSA--the membership dues go a long way for our school. In addition, Eagle Cards are a great value for all of the discounted goods and services they provide. To join the PTSA,



PGCares
COMMUNITIES THAT CARE COALITION

COMMUNITY CONNECTION EVENT

MONDAY SEPT. 16TH, 2024


SCREEN-HEALTHY WORKSHOP

Classes Available

- Discussion Panel- Cell Phone Policy
- Healthy Cell Phone Boundaries
- Introducing Tech Safety to Kids
- Behind the Why
- Social Harms in Social Media

5:30pm - 8:30pm | PG High School | First 200 Dinner | Childcare 12 and under | Resource booths

COMMUNITY PARTNERS:



NATIONAL PTA REFLECTIONS
2024-25 CALL FOR ENTRIES

ACCEPTING IMPERFECTION

Dance Choreography | Film Production | Literature | Music Composition | Photography | 2D and 3D Visual Arts

All entries win coupons and prizes

Learn more and enter online: utahpta.org/ref

Oak Canyon Deadline: Wednesday, October 23

purchase Eagle Cards, and/or donate for Teacher Birthday/Appreciation gifts, please visit the Oak Canyon PTSA store [link](#).

-Also, PTSA meetings will be held every third Wednesday from 9:30-10:30 in the TLC. All are welcome to attend.

PTA REFLECTIONS

It's PTA Reflections time again! The theme this year is Accepting Imperfections, and all entries are due by Wednesday, October 23. Students may submit entries in the following areas: dance/choreography, film production, literature, music composition, photography, and 2D/3D visual arts. Oak Canyon students have done an excellent job representing our school and sharing their talents. We look forward to seeing what they come up with this year!

PICTURE RETAKES--9/25

For any students that did not have pictures taken in August, retakes are coming up next Thursday. Please plan to have your picture taken for the website and the yearbook!

PARENT TEACHER CONFERENCES 9/26

Just a quick reminder that we have our fall Parent Teacher Conferences coming up on Thursday, September 26 from 3:00-7:00 PM. The format for this evening will be Open House from 3:00-7:00 PM. If you need more time with a teacher than for a brief check in, please reach out to the teacher directly to find a time to properly address your student's needs.

BOYS BASKETBALL OPEN GYM

Boys Basketball Open Gym: Tuesdays and Thursdays from 2:25-4:00 pm. Starting September 3rd

START SPREADING THE GOOD NEWS!

Parents, we would like to spotlight Oak Canyon students that are up to great things outside of school. The challenge is that we are not always aware of these student accomplishments/events to be celebrated. Please click on this link if you'd like your student to be spotlighted in a future edition of the Principal's Newsletter!

<https://forms.gle/KvYAYNKbDtwrMbpA6>

RISE NOMINATIONS

Do you know a teacher, school employee, or bus driver who is Remarkable, Inspiring, Selfless, and/or Encouraging? Nominations are now open for the [2024-2025 ASD RISE Award](#). Nominees will be recognized at their school, highlighted on our website, and a few each month will be selected for Board Recognition during a Board meeting at the District Office.

COMMUNITY ANNOUNCEMENTS

LADYVIKINGSBANTAM@GMAIL.COM

PARENT MEETING @
BEGINNING OF TRYOUTS 6:00

**PG GIRLS
BANTAM
TRYOUTS**

SEPT 30TH, A GYM 6-7:30PM
OCT 1ST, VALHALLA 6-7:30 PM

Girls 4th - 8th grade

OAK CANYON
OFFICIAL ONLINE SHOP

**BACK-TO-SCHOOL
SALE**

30% OFF
SITEWIDE!

AUGUST 20TH - SEPTEMBER 24TH
ORDER AT: 1STPLACE.SALE/96042

Strengthen Your Relationships
FREE WORKSHOP
for parents of kids aged 9-14

MONDAYS 6PM-8PM
LINDON COMMUNITY CENTER
25 N Main St Lindon



Sign up now!




GUIDING GOOD CHOICES

Guiding Good Choices gives families information and tools that work to protect preteens and teens from the inevitable risks they encounter as they become more independent. Families will learn ways to build or maintain lasting relationships, because teenagers who are more closely connected to their families have better health and educational outcomes.


Practicing Your Growth Mindset Class

Thursdays 5-6pm
+ Sign up for each monthly session
Taught by a Master in Therapeutic Recreation MTRS

Adolescence can be a time of self-discovery and rapid growth, physically and mentally. This class will be an opportunity for adolescents aged 12-17 to practice growth mindset through recreational therapy (RT). Growth mindset is a term used in positive psychology which reframes that challenges are opportunities for growth. This class will provide therapeutic activities with peers in self-expression, healthy thinking, gratitude, learning from failure, resilience, and adaptability.

SCAN HERE! 

Brought FREE to you by



Questions? Contact Jamie 801-769-8625
jjensen@lindon.gov

TIMPANOGOS HIGH SCHOOL AND LINDON CARES

present

TABLE TALKS

FOR PARENTS & CAREGIVERS

FREE LUNCH & GIVEAWAYS

WEDNESDAY OCTOBER 9TH
KIM WILSON, NTP

WEDNESDAY NOVEMBER 13TH
JILLIAN SEDERBERG, CTRS

12:15PM
MEDIA CENTER



Please RSVP using the QR code for food count

ANXIETY & OUR BODIES

EVERYDAY STRONG

JOIN US FOR AN INFORMATIVE SESSION WHERE YOU WILL DISCOVER HOW THE FOODS YOU EAT CAN IMPACT GUT HEALTH, BLOOD SUGAR, AND MENTAL WELL-BEING FOR BOTH KIDS AND ADULTS. YOU WILL WALK AWAY WITH PRACTICAL TIPS TO SUPPORT YOUR FAMILY'S HEALTH FROM THE INSIDE OUT!

LEARN HOW TO HELP YOUR TEEN TALK TO YOU WITHOUT CAUSING THEM TO SHUT DOWN. HEAR SIMPLE IDEAS TO SUPPORT MOTIVATION AND EMOTIONAL HEALTH.




CLUB V SOUTH VOLLEYBALL

308 S 1250 W, Lindon, UT 84042

FREE VOLLEYBALL SKILLS TRAINING

BEGINNERS WELCOME!

Club V South is hosting a **FREE** volleyball training for **BEGINNERS!!!**

Where:
Club V South- **LINDON**
308 S 1250 W, Lindon, UT 84042

Club V South- **HIGHLAND**
5342 W Pkwy E Dr, Highland, UT 84003

Sept. 14 LINDON 9:00 AM - 11:00 AM 1st - 5th Grade	Sept. 14 LINDON 4:00 PM - 6:00 PM 6th - 8th Grade	Sept. 18 HIGHLAND 2:00 PM - 3:30 PM 1st - 5th Grade
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Scan QR code for more details and to register



LINDON REGISTRATION | HIGHLAND REGISTRATION

Or check out our website to register
clubvsports.com/south-region-volleyball

Contact: Kasean Kukahiko, Volleyball Youth Director
Ph: 404-805-2923 Email: kasean@clubvsports.com

TIMPANOGOS GIRLS BASKETBALL

Come Join the

Wolfpack

Bantam basketball
utahwolfpackgbb.com

Tryouts September 16th, 19th, & 23rd
Everyone makes a team!

\$30 tryout fee

More info & Register Here



Any questions email
utahwolfpackbasketball@gmail.com



Fall CHARITY EVENT
Saturday, October 12th

\$30,000 in Outlet store Gift Cards will be given away!

- Win Gift Cards
- Get Exclusive Store Discounts
- Play Family Fun Carnival Games
- Take Home a Goodie Bag and So Much More!

Event Proceeds benefit participating ALPINE SCHOOL DISTRICT SCHOOLS

Purchase Your Ticket Today



Outlets at TRAVERSE MOUNTAIN

BIG JACK Gives Back
OutletsAtTraverseMountain.com



Evento Benéfico
Caer Sábado 12 de octubre

¡Se regalarán \$30,000 en tarjetas de regalo de tiendas Outlet!

- Gana tarjetas de regalo
- Obtenga descuentos exclusivos en tiendas
- Juega juegos de carnaval divertidos para toda la familia
- Llévate a casa una bolsa de regalos ¡Y mucho más!

A beneficio de la ALPINE SCHOOL DISTRICT SCHOOLS

Compra tu Entradas hoy!



Outlets at TRAVERSE MOUNTAIN

BIG JACK Gives Back
OutletsAtTraverseMountain.com



REMINDERS:

EXCUSING STUDENT ABSENCES


Attendance reminder: You can excuse absences (past, present, or future) in Skyward. Make sure you're logged in to your parent account and go to the Attendance Tab. If you have questions, please contact Mrs. Decker in the front office.

SCHOOL FEES

Fees are now available to pay on myschoolfees.com. If your student will be making changes to their schedule we suggest you wait to pay for fees until their schedule has been finalized. Fee waiver applications are available on our website, at the district's website, or at the finance window. Fee Waiver applications, along with supporting documentation, are due by Sept 30, 2024. Please reach out to the finance office via email at jhoyal@alpinedistrict.org or by phone 801-610-8141 with any questions. Thank you!

24-25 BELL SCHEDULE--WEDNESDAY EARLY OUT CHANGES

There is one major change to our bell schedule this year: lunch on early out Wednesdays will come at the end of the day, and there will only be one lunch on Wednesdays. Class will adjourn at 12:45 and lunch will go from 12:45-1:15. Buses will depart from the school at 1:15. If students do not want to stay for lunch on campus, they can be picked up or walk home after 12:45. Please note the updated bell schedule and teacher lunch assignments for the year.

	
BELL SCHEDULE	
MONDAY, TUESDAY, THURSDAY, FRIDAY	
A1/B5	7:45-9:01
HOMEROOM	9:08-9:35
A2/B6	9:42-10:58
1ST LUNCH	
LUNCH	10:58-11:29
A3/B7	11:36-12:52
2ND LUNCH	
A3/B7	11:05-12:21
LUNCH	12:21-12:52
A4/B8	12:59-2:15
BELL SCHEDULE	
WEDNESDAY EARLY OUT DAY	
A1/B5	7:45-8:54
A2/B6	9:01-10:10
A3/B7	10:17-11:26
A4/B8	11:33-12:45
LUNCH	12:45-1:15

A-DAY LUNCH SCHEDULE			
FIRST LUNCH		SECOND LUNCH	
Adamson	Miller	Allphin	Roberts
Allan	Monson	Baller	Robinson
Andrus	Moorehead	Bench	Sanders
Bethel	Otterson	De La Cruz	Seminary
Blake	Prestes	Ecalono	Smith
Braswell	Rawson	Escobedo	Sparks
Graham	Redford	Fuller	Stone
Hall	Robison	Jorgensen	Torrence
Hardy	Seastrand	Kunkel	Van Komen
A. Holmes	Shumway	Lamoreaux	White
Lister	Taylor	Meinzer	
Marshall	Thomas		
Mather			
B-DAY LUNCH SCHEDULE			
FIRST LUNCH		SECOND LUNCH	
Adamson	Mather	Allphin	Kunkel
Andrus	Miller	Baller	Meinzer
Bethel	Monson	Bench	Moulton
Blake	Moorehead	Cheney	Roberts
Braswell	Nguyen	De La Cruz	Seminary
Cook	Prestes	Ecalono	Smith
Flood	Rawson	Escobedo	Sparks
Graham	Redford	Fuller	Torrence
Hall	Robison	Garlick	Van Komen
A. Holmes	Seastrand	Goold	White
T. Holmes	Taylor	Hermansen	
Lake	Thomas	Jorgensen	
Marshall			

*** LUNCHES BASED ON A3 OR B7 TEACHERS***