

PRINCIPAL'S NEWSLETTER DECEMBER 9, 2024



EVENTS 12/9-1/5 (SCHOOL EVENTS, PTA EVENTS, HOLIDAYS)

12/9-12/15 (A-WEEK)

12/16-1/5 (B-WEEK)

Term 2 Essential Guiding Question: What Makes a Lifelong Learner?

Homeroom: We Engage, Contribute, and Connect to the World; We Identify Needs and Advocate for Ourselves and Others

- 9 Ballroom 2:25-3:30
- 9 Girls' Basketball Game @ Willowcreek 3:00-4:30
- 9 Boys' Basketball Game vs. Willowcreek 3:00-4:30
- 9 Ballroom 2:25-3:30
- 9 PG Council PTA Reflections Awards Night 7:00
- 10 Choir Visits to Rocky Mountain/Lindon 9:15-1:30
- 11 Ballroom 1:25-2:40
- 11 Girls' Basketball Game @ PGJR 3:00-4:30
- 11 Boys' Basketball Game vs. PGJR 3:00-4:30
- 11 Band Christmas Concert 6:00
- 12 Girls' Basketball Game @ MRJH 3:00-4:30
- 12 Boys' Basketball Game vs. MRJH 3:00-4:30
- 12 Orchestra Christmas Concerts 6:00-8:00

Term 2 Essential Guiding Question: What Makes a Lifelong Learner?

Homeroom: We Engage, Contribute, and Connect to the World; We Identify Needs and Advocate for Ourselves and Others

- 16 Band Visits to Elementary Schools 9:15-2:00
- 16 Ballroom 2:25-3:30
- 16 Girls' Basketball Game vs. Lakeridge 3:00-4:30
- 16 Boys' Basketball Game @ Lakeridge 3:00-4:30
- 17 ASD Board Meeting 5:00 @ District Office
- 18 Ballroom 1:25-2:40
- 19 Girls' Basketball Game @ Canyon View 3:00-4:30
- 19 Boys' Basketball Game vs. Canyon View 3:00-4:30
- 20 End of Term 2/Minimal Day
- 21-5 Christmas Break
- 25 Christmas
- 25-2 Hanukkah
- 26-1 Kwanza
- 1 New Year's Day

NEW INFORMATION

EAGLE SPOTLIGHT

Student Spotlight: Eleanor Meyers

Eleanor is a very accomplished person and author! She is an A student who takes extra classes even outside of school! She tries her hardest to make everyone feel included and is always working to be a better person. She definitely deserves this spotlight!

Students of the Week: Daniel Testa, Arleth Esponda, Molly Lawrence and Justin Bao! Way to go!

START SPREADING THE GOOD NEWS!

Parents, we would like to spotlight Oak Canyon students that are up to great things outside of school. The challenge is that we are not always aware of these student accomplishments/events to be celebrated. Please click on this link if you'd like your student to be spotlighted in a future edition of the Principal's Newsletter! <https://forms.gle/KvYAYNKbDtwrMbpA6>

FREE MENTAL HEALTH SERIES

The Alpine District Student Support Services Department partners with parentguidance.org to provide FREE mental health courses, held virtually over Zoom. View the [DECEMBER CALENDAR](#) for this month's sessions. The Alpine District focus for the month is "Grief: The Healing Process After Loss," which will be presented on Tuesday, December 10 at 5pm and 7pm. Parents can pre-register for the courses [HERE](#). On December 11 at 6pm, there is also a FREE session called [ASK A THERAPIST LIVE](#). If you can't participate during the live session, you must register online to have access to the replay.



The poster for "Ask A Therapist Live" features a smiling man in a blue and white plaid shirt. The text on the poster includes: "Ask A THERAPIST Live", "How to Support your Kids' Mental Health", "Live Webinar CLICK HERE to sign up", "Wednesday December 11", "8 pm Eastern, 7 pm Central, 6 pm Mountain, 5 pm Pacific", "Ask a therapist questions about youth mental health or parenting", "Participation is anonymous", "Register for the live event to get access to the replay", and "Dr. Kevin Skinner is the Clinical Director and Co-Founder of Noble Health and ParentGuidance.org. He is also the author of several books on family relationships. His methods are based on his own research stemming from more than 250,000 assessments and over 28 years experience. He is the father of eight children." The Parent Guidance.org logo is at the bottom left.

LOST AND FOUND--LAST CALL BEFORE DONATING ITEMS

This Friday, December 13th, is the last day that students can check the lost and found for their missing items before it is all donated to a local charity. The lost and found is located in D Hall, and we encourage all students to take a look before it is too late!

HOLIDAY GIVING AT OCJH

Each year, we invite patrons to join our staff in making donations to help OCJH students in need at Christmas. If you are interested, you can pay at the finance office, or go to www.myschoolfees.com and select "public" for the items to choose from. You can select "holiday donation" and enter in a denomination of any amount. You can also get there by clicking on this [link](#). Funds collected will be used to purchase gift cards for students.. Donations can be submitted up until Friday, December 13. Thank you Oak Canyon for your generosity and support of our community this holiday season. **So far, we have collected about \$100 total. Every donation helps. We encourage all to consider a small donation. Together it will make a huge difference!**

SPIRIT WEEK DRESS UP DAYS 12/9-12/13

December 9th-13th is Christmas Spirit Week, so dress up every day to match the theme! Monday is Christmas PJ's, Tuesday is dress like Santa, Wednesday is ski/snowboard day (please do not bring masks, skis, poles or snowboards), Thursday is ugly sweater day, and Friday is Christmas colors! Check the posters in the hallway to be reminded of the daily theme.

NO TARDY TERM 2 UPDATE BY POD

It is a CRAZY close competition at this point with all 4 pods having an average of 98.41% of their students on time for class for the past 6 weeks. Keep up the GREAT work this week.

Weekly Stats:

Pod	WK 1	WK 2	WK 3	WK 4	WK 5	WK 6	Cumulative	
Water	98.75%	98.30%	98.46%	98.27%	98.25%	98.62%	98.52%	1 st
Earth	98.36%	97.77%	97.90%	98.32%	98.24%	98.30%	98.27%	3 rd
Air	98.19%	97.98%	98.13%	98.22%	98.33%	98.43%	98.38%	2 nd
Fire	98.70%	97.76%	98.20%	97.79%	98.00%	98.30%	98.15%	4 th
Weekly %	98.5%	97.96%	98.18%	98.15%	98.20%	98.41%	98.21%	98.41%

DECEMBER 20 MINIMAL DAY BELL SCHEDULE

Friday, December 20th is a Minimal Day and our last day with students before the Holidays. December 20th is also the last day of the 2nd Term. There will be no homeroom on the 20th, classes will be 40 minutes each, and passing periods will be 7 minutes as per usual. There will be one lunch at the end of the day from 10:45-11:15.

A1/B5 7:45-8:25

A2/B6 8:32-9:12

A3/B7 9:19-9:59

A4/B8 10:06-10:45

Lunch 10:45-11:15

TERM 2 GRADE POSTING INFORMATION

Please note the following dates and times concerning Term 1 grade posting:

December 20 at 3 PM: Canvas Student Closing Date/Time

December 22 at 5 PM: Canvas Teacher Closing Date/Time

December 22 at 9 PM: Skyward Grading Portal Closes

January 10: Term 2 Report Cards Posted in Skyward

WORLD LANGUAGE WOWS

Our fantastic World Language department has put together a fantastic way to share with faculty and families the amazing things our World Language students and teachers are up to this year. Just click [here](#) to access WOWS!


FROM THE OAK CANYON PTSA

-Our PTSA does so much to support our school and students--selling suckers on Fridays, sponsoring the Eagle of the Month student recognitions, organizing Spirit Nights, making generous donations for school improvements, recognizing our honor roll students, and more! **We encourage all to join the PTSA**--the membership dues go a long way for our school. In addition, Eagle Cards are a great value for all of the discounted goods and services

they provide. **To join the PTSA, purchase Eagle Cards, and/or donate for Teacher Birthday/Appreciation gifts, please visit the Oak Canyon PTSA store [link](#).**



COMMUNITY ANNOUNCEMENTS

Strengthen Your Relationships
FREE WORKSHOP
for parents of kids aged 9-14




**GUIDING
GOOD CHOICES**

MONDAYS 6PM-8PM
LINDON COMMUNITY CENTER
25 N Main St Lindon

Sign up now!

Guiding Good Choices gives families information and tools that work to protect preteens and teens from the inevitable risks they encounter as they become more independent. Families will learn ways to build or **maintain lasting relationships**, because teenagers who are more closely connected to their families have **better health and educational outcomes**.




Practicing Your Growth Mindset Class


Thursdays 5-6pm
*Sign up for each monthly session
Taught by a Master in Therapeutic Recreation MTRS

Adolescence can be a time of self-discovery and rapid growth, physically and mentally. This class will be an opportunity for **adolescents aged 12-17 to practice growth mindset through recreational therapy (RT)**. Growth mindset is a term used in positive psychology which reframes that challenges are opportunities for growth. This class will provide therapeutic activities with peers in **self-expression, healthy thinking, gratitude, learning from failure, resilience, and adaptability**.

**SCAN
HERE!** →



Brought FREE to you by



Questions? Contact Jamie 801-789-8625
jjensen@lindon.gov

TIMPANOGOS HIGH SCHOOL AND LINDON CARES

present
TABLE TALKS

FREE LUNCH & GIVEAWAYS



FOR PARENTS & CAREGIVERS

**WEDNESDAY
OCTOBER 9TH**
KIM WILSON, NTP

**WEDNESDAY
NOVEMBER 13TH**
JILLIAN SEDERBERG, CTRS

**12:15PM
MEDIA CENTER**



ANXIETY & OUR BODIES





EVERYDAY STRONG

JOIN US FOR AN INFORMATIVE SESSION WHERE YOU WILL DISCOVER HOW THE FOODS YOU EAT CAN IMPACT GUT HEALTH, BLOOD SUGAR, AND MENTAL WELL-BEING FOR BOTH KIDS AND ADULTS. YOU WILL WALK AWAY WITH PRACTICAL TIPS TO SUPPORT YOUR FAMILY'S HEALTH FROM THE INSIDE OUT!




Please RSVP using the QR code for food count

LEARN HOW TO HELP YOUR TEEN TALK TO YOU WITHOUT CAUSING THEM TO SHUT DOWN. HEAR SIMPLE IDEAS TO SUPPORT MOTIVATION AND EMOTIONAL HEALTH.

REMINDERS:

EARLY MORNING SEMINARY

We are THRILLED to announce that we just received word that we have been approved again to try to offer an early morning seminary class for OCJH 9th graders for the 2025-2026 school year. We are aware that there are some 9th graders that simply do not have enough room in their schedule to take all of the classes they would like to take, especially if they are trying to fit in Seminary. Current 8th graders have already turned in their registration forms for 9th grade; however, if you are interested in this early morning Seminary class, please reach out to your counselor immediately. Space is limited to the first 33 to contact their counselor as only one early morning class is available next year. We are hopeful that this option will meet a need and one that we can continue to offer over time. We made this option available last year, but didn't have enough students enrolled to carry the class. You may use this QR code if you are interested !



BARK FOR SCHOOLS--PLEASE READ

Digital safety is critically important to us at Oak Canyon which is why we are now using Bark for Schools to help us protect our students both online and in real life.

Bark monitors for signs of potential issues like:

- Cyberbullying
- Suicidal ideation
- Sexual predators
- Threats of violence
- And more

Alerts at the first signs of danger:

When possible dangers arise on school-issued accounts, Bark for Schools sends us alerts so we can address the situation in a timely manner. These alerts also give us insights that help us promote the wellness of the entire student body.

Sign up to get alerts with Parent Portal:

Kids use their school-issued accounts both at school and at home, and families are often in a better position to respond to urgent alerts after hours, on weekends, and during breaks. In the coming week, you will receive an invitation to create your free account for the Bark for Schools Parent Portal. As soon as you opt-in, you'll be able to receive alerts if Bark detects potentially time-sensitive issues. Some alerts may be triggered by the system, but you will find there is no legitimate concern. Just because an alert is triggered does not mean a student has done anything wrong. Bark is an early warning system to allow you and the school to determine if there are legitimate concerns.

Check out these parenting resources

- [Visit](#) the Bark Blog to stay informed on all things kids and tech.
- [Download](#) this guide for helpful tips on talking to your child about common issues.
- [Join](#) the Parenting in a Tech World Facebook group and connect with other parents raising kids in the digital age.

Learn more about [Bark for Schools](#) — including their commitment to [student privacy](#). If you have additional questions, please contact us by replying to this email. Thank you for your support as we strive to help keep our students safe online.