

# PRINCIPAL'S NEWSLETTER FEBRUARY 10, 2025



## EVENTS 2/10-2/23 (SCHOOL EVENTS, PTA EVENTS, HOLIDAYS)

2/10-2/16 (B-WEEK)

2/17-2/23 (A-WEEK)

<p>Homeroom: We Value and Work Well with Others</p> <p>10-14 School Spirit Week</p> <p>10 Ballroom 2:25-3:30</p> <p>10 Girls' Basketball Tournament @ Oak Canyon 3:00</p> <p>10 Boys' Basketball Tournament @ Orem Jr. 3:00</p> <p>10 District Math Competition @ OCJH 4:00-6:00</p> <p>11 ASD Board Meeting 6:00 @ District Office</p> <p>12 Ballroom 1:25-2:40</p> <p>13 District Jazz Festival @ OCJH 9:00-2:00</p> <p>14 Valentine's Day</p> <p>14 Valentine's Day Dance 2:15-3:15</p>	<p>Homeroom: We Take Risks and Learn from Our Mistakes and Failures</p> <p>17 Presidents' Day--NO SCHOOL</p> <p>18-19 7th Grade CCRs in Student Success</p> <p>18 SCC Meeting 2:30-3:30 in the TLC</p> <p>19 Student Voice/Lifting Hands Field Trip 8:00-2:00</p> <p>19 Ballroom 1:25-2:40</p> <p>19 PTSA Eagle of the Month 9:00 in TLC</p> <p>19 PTSA Meeting 9:30-10:30 in the TLC</p> <p>20 Parent Teacher Conferences 3:00-7:00</p> <p>21 State Jazz Festival 9:00-2:00</p> <p>21 Students vs. Faculty Basketball Game 2:30 in Gym</p> <p>21 OCJH's Got Talent Applications Due</p>
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## PRINCIPAL'S MESSAGE

One of the best parts of working in a school is watching students grow and progress. Watching the OCJH basketball teams this year is a prime example of this phenomenon. Early on in the season, wins were infrequent and it was easy to see areas to improve. That said, as the season progressed, so did the knowledge, skills, and dispositions of our players and coaches. As they gained knowledge and learned more about the game, their opponents, their strengths and weaknesses, etc. they were able to use that knowledge to improve on the court. In addition as they developed their communication, collaboration, critical thinking, and creativity skills they were better prepared to put their knowledge into practice. Above all, they have learned the dispositions of character and citizenship as they conduct themselves with poise and sportsmanship. It has been a pleasure to watch them grow and improve.



Today, both teams play their first game in the district single elimination tournament. No matter the outcome of those games, the OCJH players and coaches taking the court today are not the same players and coaches that took the court back in November. They are a perfect example of the experience we hope all students at Oak Canyon have--the experience of becoming better versions of themselves by applying the knowledge, skills, and dispositions they are learning at school. Way to go Eagles!

Mrs. Ross

# NEW INFORMATION

## EAGLE SPOTLIGHTS

### Student Spotlights:

Students of the Week 2/3: Abby Ogaz, Priya Page, Gunnar Bybee and Amanda Hernandez Martinez

Students of the Week 2/10: Colette Bentz and Sarah Parsons Way to go!



## CONGRATULATIONS

FOR PLACING IN THE RUBIK'S  
CUBE COMPETITION

**FIRST PLACE: DANIEL TURNER 29 SECONDS**  
**2ND PLACE: JUSTIN BAO 32 SECONDS**  
**3RD PLACE: BIANCA PRADO 34 SECONDS**  
**4TH PLACE: BECK MUIR (KEVIN) 47 SECONDS**  
**5TH PLACE: KENNY 53 SECONDS**



## START SPREADING THE GOOD NEWS!

Parents, we would like to spotlight Oak Canyon students that are up to great things outside of school. The challenge is that we are not always aware of these student accomplishments/events to be celebrated. Please click on this link if you'd like your student to be spotlighted in a future edition of the Principal's Newsletter!

<https://forms.gle/KvYAYNkbDtwrMbpA6>

## NO TARDY TERM 3 UPDATE BY POD

Weekly Stats:

Pod	January	Standing
Water	98.71%	1 <sup>st</sup>
Earth	98.33%	4 <sup>th</sup>
Air	98.58%	2 <sup>nd</sup>
Fire	98.53%	3 <sup>rd</sup>
Grand Total %	98.54%	

## SCHOOL SPIRIT WEEK 2/10-2/14

Monday 2/10: Heart Out

Tuesday 2/11: Twin Day

Wednesday 2/12: Wear Pink

Thursday 2/13: Pajama Day

Friday 2/14: Best Dress



## OAK CANYON'S GOT TALENT INFORMATION AND APPLICATION

Oak Canyon's Got Talent is a favorite tradition at Oak Canyon, and it will be held on Wednesday, March 19th. All applications are due by 3 PM on Friday, February 21. Please click on the link below for more information.

[https://docs.google.com/forms/d/e/1FAIpQLSfv\\_mqtn\\_-K\\_69irx8cJE4hn9PqnTTRdjeagW2q2PsRxPQq9w/viewform?usp=sharing](https://docs.google.com/forms/d/e/1FAIpQLSfv_mqtn_-K_69irx8cJE4hn9PqnTTRdjeagW2q2PsRxPQq9w/viewform?usp=sharing)

## SAVE THE DATE: PARENT TEACHER CONFERENCES 2/20

Our second Parent Teacher Conference night of the year is coming up on Thursday, February 20th from 3:00-7:00 PM. This will be an open house format, unless you contact a teacher or they contact you to set up an appointment to discuss your child's progress in more depth. We look forward to the opportunity to discuss our favorite thing with you--your students!

## SheTech EXPLORER DAY REGISTRATION IS OPEN

[Secure your seats today](#) and ignite your passion for STEM careers. SheTech Explorer Day is for high school girls in 9th-12th grades. Join us from 9am-1:15 pm on Tuesday, February 25, 2025 at the Mountain America Expo Center in Sandy, UT. This FREE, full day of STEM and hands-on workshops in tech is back.

Wanna become a Leader?  
Make THS a better place by joining....

# TIMPANOGOS STUDENT COUNCIL

## 2025-2026 Sophomore Class Info

Have Questions?

Ms. Herrick  
aherrick@alpinedistrict.org  
Sophomore Class Advisor

Emmie Tanner  
Tanneemm002@alpinesd.org  
Sophomore Class Rep

Zoey Redford  
Redfozoe000@alpinesd.org  
Sophomore Class Rep

Info Packet in Front Office!  
Join us for the Class  
Election Info meeting on:

# Feb. 26

Timpanogos High School  
Room 700

Join Us Now!!



## HOW ARE WE DOING?

Parents, we would appreciate your participation in a brief survey regarding our school's administrative team. It takes 5-10 minutes.

Thanks for your help! Click [here](#) to take the survey or enter this URL in your web browser

[bit.ly/4aAoOaR](https://bit.ly/4aAoOaR) Thanks,

Kate Ross

Ben Abrams

Cynthia Burt

Nate Crandall



## TRACK COACH HELP

We are in great need of one assistant coach for the track team. There is a stipend of \$1422. No prior experience with track is needed. We would love to get someone that wants to be a positive role model that encourages the students. Please let Mr. Abrams know if you are interested or have any questions.

## WORLD LANGUAGE WOWS

Our fantastic World Language department has put together a fantastic way to share with faculty and families the amazing things our World Language students and teachers are up to this year. Just click [here](#) to access WOWS!

## FROM THE OAK CANYON PTSA

-Our PTSA does so much to support our school and students--selling suckers on Fridays, sponsoring the Eagle of the Month student recognitions, organizing Spirit Nights, making generous donations for school improvements, recognizing our honor roll students, and more! **We encourage all to join the PTSA**--the membership dues go a long way for our school. In addition, Eagle Cards are a great value for all of the discounted goods and services they provide. **To join the PTSA, purchase Eagle Cards, and/or donate for Teacher Birthday/Appreciation gifts, please visit the Oak Canyon PTSA store [link](#).**

-PTA Day at the State Capitol is coming up on February 21 from 12:00-2:00 PM.

## COMMUNITY ANNOUNCEMENTS

**CREATING a COMMUNITY of KINDNESS**  
WITH KIRBY HEYBORNE  
A free evening of service & fun for teens & parents  
WEDNESDAY, FEBRUARY 26, 6:00-8:00PM  
PLEASANT GROVE HIGH SCHOOL  
6:00-8:00 PM  
**PLUS CHICK-FIL-A -and- DOOR PRIZES!**  
**DON'T MISS IT!**

**FOOTBALL SUMMER CAMP**  
MAY 28TH & MAY 29TH  
2-4 PM  
Timpanogos Youth Football 2-Day Summer Camp!  
Join us for expert coaching, fun drills, and scrimmages with current high school coaches and players!  
Timpanogos High School Football Field  
Don't miss the action—level up your game!  
**REGISTER NOW AT**  
**TIMPANGOGOSYOUTHFOOTBALL.COM**

## Timpanogos Youth Football

**2025 Registration  
Opens January 1st**

**Grades 3-8 Early Bird Registration  
Ends February 28th**

**Must live in the Timpanogos or Orem High School boundaries or have a sibling currently enrolled at one of these High schools**

**FOR MORE INFORMATION AND  
REGISTRATION visit the WEBSITE OR SCAN  
the QR CODE**



**[timpanogosityouthfootball.com](http://timpanogosityouthfootball.com)**

# Family VALUES WORKSHOP

Parents are the most important protective factor in their children's lives.

**FRIDAY, FEBRUARY 21**  
or  
**MONDAY, MARCH 17**  
**6:00 PM-8:00 PM**

**DINNER 6-6:30 PM**  
**WORKSHOP 6:30-8:00 PM**  
**CHILDCARE FOR 5 AND UNDER**

Bring the whole family for a fun and educational workshop to help define your family values, improve communication skills and strengthen family bonds.

LINDON COMMUNITY CENTER

SCAN TO REGISTER  
\*EVENT IS FREE

FOR MORE INFORMATION:  
EMAIL JJENSEN@LINDON.GOV

## Strengthen Your Relationships

### FREE WORKSHOP

for parents of kids aged 9-14

**MONDAYS 6PM-8PM**  
**LINDON COMMUNITY CENTER**  
**25 N Main St Lindon**

Sign up now!

**GUIDING GOOD CHOICES**

Guiding Good Choices gives families information and tools that work to protect preteens and teens from the inevitable risks they encounter as they become more independent. Families will learn ways to build or maintain lasting relationships, because teenagers who are more closely connected to their families have better health and educational outcomes.

## Practicing Your Growth Mindset Class

**Thursdays 5-6pm**  
\*Sign up for each monthly session  
Taught by a Master in Therapeutic Recreation MTRS

Adolescence can be a time of self-discovery and rapid growth, physically and mentally. This class will be an opportunity for adolescents aged 12-17 to practice growth mindset through recreational therapy (RT). Growth mindset is a term used in positive psychology which reframes that challenges are opportunities for growth. This class will provide therapeutic activities with peers in self-expression, healthy thinking, gratitude, learning from failure, resilience, and adaptability.

SCAN HERE! →

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**LINDON CARES**  
communities that care coalition

Questions? Contact Jamie 801-769-8625  
jjensen@lindon.gov

TIMPANOGOS HIGH SCHOOL

# BOYS VOLLEYBALL TRYOUTS

**MARCH 3RD AND 5TH 7PM-9PM**  
**TIMPANOGOS GYM**

Open to grades 6th-9th

Please use QR code to submit registration

Contact Aubrey Woahn with questions: 801-850-8110

## COLD AND FLU SEASON

As cold and flu season intensifies, we see an increase of influenza, strep throat, coronavirus, RSV, norovirus, and colds. Please review the most recent guidelines from the Utah County Health Department reflected in ASD's [HOW SICK IS TOO SICK?](#) guidelines.

## REMINDERS:

